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First Annual Reader's Choice

Summer is waning, fall is almost here and *Sacramento Lifestyle Magazine* is now in our 12th month! Many thanks to our advertising partners and our faithful readership.

We are so excited to bring you the results of our Reader's Choice. As a result of nearly 30,000 votes from you, our readers, we announce the winners of local businesses in 44 categories. Be sure to read our main feature to learn the names of your favorite burger, hair salon, optometrist and many more.

With this issue, we also introduce the subject of this month's *Real Wives*, Katy Carlsen. We bring you articles on Pachamama's, a coffee cooperative, and Rire Boutique, an independent women's clothing boutique. And for you wine lovers, be sure to read about the Sacramento Home Winemakers Club.

There are lots of fun events coming up this month, especially over Labor Day weekend so check the *Around Town* and *Calendar* sections. Take special note in *Around Town* of the Craft Beer Summit to be held here again in Sacramento from September 8 - 10. In case you haven't noticed, Sacramento has become quite the craft beer capitol of the State and hosting this summit here for the second year in a row lends credibility to that title. Craft beer makers and lovers of craft beer will be flocking to this statewide event, culminating with the Craft Beer Brewfest on September 10.

Lastly, in our July issue, we inadvertently omitted the name of the writer who produced that delightful article on water staycays. Allison Hopkins, who has written for us numerous times, is the author of that story!

We welcome your input and story ideas. If you know a local hero, someone who should be featured in our next *Real Wives* section, or an event that Sacramento needs to know about, please email us. Be sure to visit us on Facebook and enjoy the last of these warm summer days!

Cheers,

Pam Baker

Pamela Baker, Editor
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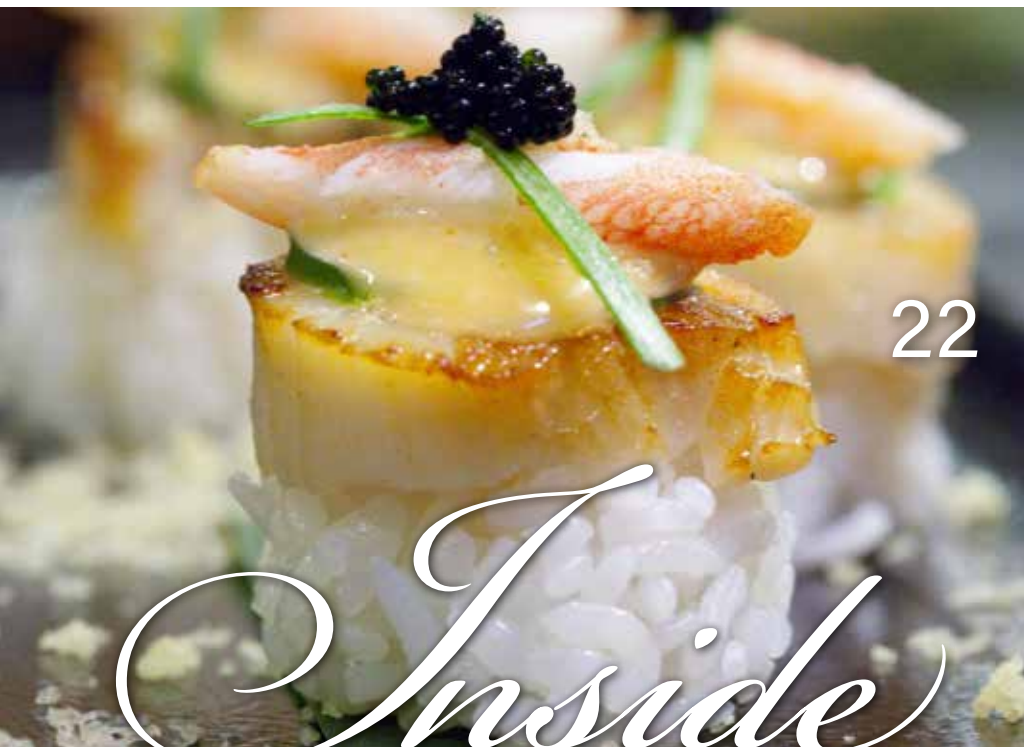


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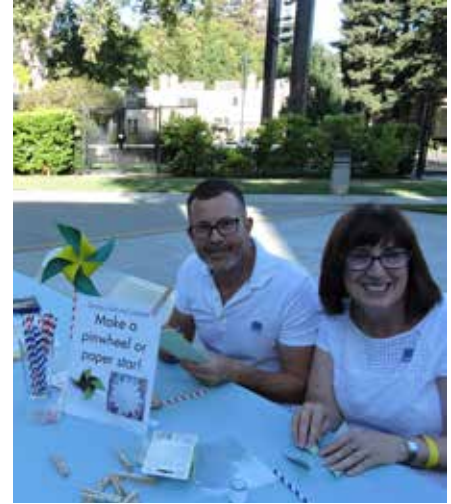
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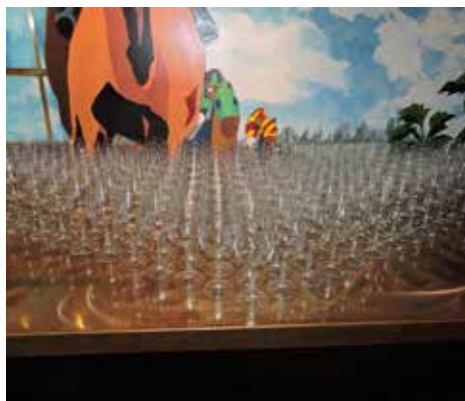
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AROUND TOWN

AFRICA TRADE SHOW

The Africa Trade Show is a 3-day event held at Cal Expo, 1600 Exposition Blvd. This unique event which begins on Friday, September 2nd and runs through September 4th, can offer meaningful opportunities for small and medium-sized businesses and African Diaspora-owned businesses to discuss trade and investment opportunities with the emerging nations of Africa. Africa Trade Show is excited to organize this unique event and invites participation as an exhibitor, vendor or sponsor and the opportunity to provide a venue for you to network with businesses and investors through business to business and business to government models. Beginning with a free Breakfast Prayer service, sponsored by the Interfaith Council of Greater Sacramento, and concluding with a Cultural Parade and VIP Dinner Awards ceremony, this event cannot be missed. AfricaTradeShow.net



SACANIME 2016 CONVENTION

The SacAnime Convention returns again this year to the Sacramento Convention Center, 1400 J Street. The convention runs from September 2nd through September 4th. SacAnime is the "pop culture convention with the anime twist" where "fans come to play." Its philosophy has always been to provide fun, safe, family-friendly environment, with top shelf entertainment at a reasonable price.

SacAnime began as an extension of our quarterly Comic, Toy and Anime Show (SAC-CON), which has been running in Sacramento since July 1, 1986. Originally a strictly comic book show, SAC-CON has grown to encompass all forms of pop-culture entertainment, with a large emphasis on anime and manga. Admission Friday or Sunday is \$30 or Saturday, \$45. SacAnime.com

GOLD RUSH DAYS IN OLD SACRAMENTO

From September 3rd through September 5th, the streets of Sacramento "turn back the clock" to the Gold Rush era, transforming Sacramento's 28-acre historic district into a scene straight out of the

1850s. Costumed performers portray historical figures, personalities and just plain folks, bringing history to life while old-timey musicians perform on multiple stages, evoking the vivid tunes and sounds of the times. 11 a.m. - 7 p.m. Admission is free. SacramentoGoldRushDays.com

CALIFORNIA CRAFT BEER FESTIVAL 2016

The California Craft Brewers Association's (CCBA) signature event, the California Craft Beer Summit and Beer Festival, returns to Sacramento for the second year in a row. The hands-on craft



beer experience will take place in downtown Sacramento, September 8-10, and includes educational events, receptions and the largest beer festival in the state, featuring 400 rare and specialty beers crafted by California breweries.

The Summit brings together top brewing talent in the state, scores of homebrewers, beer enthusiasts and industry professionals to taste and learn over this three day event.

Built on the success of last year's summit, the event includes two days for industry networking and education, with everything from a job center to a distributor workshop, and one day focused on craft beer lovers and homebrewers, featuring coffee, food, judging and homebrewing techniques.

The 2016 California Craft Beer Summit and Beer Festival will include:

- Interactive experiences, including hands-on brewing techniques, ingredient-based displays and regional tastings
- Tailored educational sessions for beer lovers, homebrewers and industry members, from how to start a career in craft beer, to how to build a beer list, to the history of the West Coast IPA
- Food and beer pairings and chef demos
- "Tap Talks" with famed brewers and leaders in the craft beer industry
- A premier tasting experience for California craft beer at the Summit Beer Festival on the steps of the state Capitol

The three-day event will culminate on Capitol Mall at the Summit Beer Festival, the *largest* California craft beer festival, featuring more than 150 small, large and specialty breweries from across California.

CCBA is offering a range of ticket options that include tickets to individual events such as the Summit Beer Festival (\$45), single day Summit entry (\$99) or full weekend packages (\$219). For additional information on the Summit or to purchase tickets, visit CaliforniaCraftBeer.com

SACRAMENTO PLAY SUMMIT

Play is the most important work of childhood. The fourth annual Sacramento Play Summit, presented by Fairytale Town and the Sacramento Public Library, aims to highlight the importance of play, the many types of play, ways to incorporate play in daily and school life, and more.

Keynote speakers include Lenore Skenazy, author, blogger and founder of Free Range Kids; Jim Valley, award-winning musician; and Dr. Olivia Kasirye, public health officer for Sacramento County. Held

Saturday, September 10th, from 9 a.m. to 4 p.m., at the Tsakopoulos Library Galleria, tickets are \$40 - \$50 per person. For more information, visit FairyTaleTown.org or call 916.808.7462.

FRANCHISE EXPO FALL 2016

Franchise Expo invites you to attend an exciting two day event. Held at CalExpo September 10th through September 11th, this event is perfect for exploring the option of self-employment. Meet face-to-face with representatives from top franchise and business opportunities who want to expand or develop in your area. Compare a variety of opportunities and learn about many different industries at every investment level. You will have the chance to ask the questions that directly affect you and go home with all the information you need.

FranchiseShowInfo.com

FARM TANK 2016

The Sacramento Convention and Visitors Bureau's Farm-to-Fork program, Food Tank and the University of California, Davis, present a new, two day summit exploring key issues that impact our global food system. Join industry experts from across the country at this exciting event in America's Farm-to-Fork capital. The event will feature interactive panels moderated by top food journalists, networking, and delicious food, followed by a day of hands-on activities and opportunities for attendees.

Hear from farmers, chefs, business owners, government officials and more during riveting panel discussions at the Industry Panels on September 22nd. Then on September 23rd, get your boots dirty during day long excursions to regional farms, ranches, food banks, restaurants, suppliers and other industry sites. Tours will showcase how the Sacramento area can serve as a model for the rest of the country.

This is the third in a series of four two-day Summits in 2016 which will bring together some the world's most impactful food system leaders. Earlier this year, the Washington, D.C. Food Tank Summit completely sold out and drew in more than 30,100 livestream viewers. This is a can't miss event for 2016!

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A portrait of Katy Carlsen, MD FAAP, a woman with short brown hair, smiling and wearing a blue floral top. The background is a blurred outdoor setting.

REAL WIVES OF SACRAMENTO KATY CARLSEN, MD FAAP

ARTICLE MICHELE GIACOMINI
PHOTOGRAPHY STEVEN HELLON

Mother, wife and foster care advocate, Katy Carlsen is a pediatric doctor who shows that there's more to life than just "giving at the office."

Over 30 years ago, Katy met the love of her life, founder and past CEO of Sleep Train, Dale Carlsen. As for her marriage to the Sacramento State alumni, she recounts, "(It) occurred after quite some time apart while I pursued a career in medicine and he grew his business." She reminisces, "We were friends first during a six year period but, I knew the minute I met him that he was the man I wanted to marry. It took him those six years to figure it out!"

That time was well served while Katy pursued her career as a general pediatrician. But life as a doctor has not been status quo for her. When she returned to Sacramento in 1991, the following decade would see a whirlwind of changes for her. She started a pediatric practice, gave birth to her two children and took a position at Kaiser Permanente. Life was running at full speed for Katy and she knew something had to change. She explains, "I loved being a general pediatrician and caring for children, but by 2001, my own children were ages three and five, and Dale's career had really taken off with expansion of the business into the Pacific Northwest. So I made a significant career path change at this point to be able to spend more time home with my own children." She continues, "I resigned my position with Kaiser and began increasing my volunteer clinical faculty work at UC Davis Medical Center teaching pediatrics to resident doctors in training."

Little did she know this decision would spark something extremely meaningful in her life. Katy shares, "I was approached by California Children's Services (CCS) in Placer County to become their medical consultant and took this very flexible part time job in the middle of 2001." She says, "(My) career now focuses on the public health realm through a county based program which serves children with special health care needs and who qualify for the CCS program due to economic and residential criteria."

Though she enjoys golfing and reading, you'll most likely find Katy spending her spare time volunteering for the foster care committee with the American Academy of Pediatrics. (She also serves on two charitable Board of Directors). Further, she was president of the Ticket to Dream foundation board from 2008-2015.

This busy lifestyle of volunteerism and advocacy for foster youth has attributed to Katy being a recent recipient of the local Sacramento Children's Museum Inspire Award, which is given to a someone who has been a significant contributor to the community. She says, "I believe the Inspire award was based on my work as President of Ticket to Dream foundation. This foundation was established in conjunction with the Sleep Train foster kids program." She humbly remarks, "I was President but cannot claim credit for founding this wonderful organization, as it was really the hard work of the employee owners of Sleep Train, as well as my husband, and his top team of executive leadership that instigated the founding of Ticket to Dream."

Katy has grown to appreciate her community-oriented lifestyle here in the Sacramento area for the past 25 years. "I like the Sacramento region, which I have watched grow into a much more vibrant community with improved outreach to underserved communities. I do find Sacramento to be exciting with its location at the heart of the legislative body/governing circle of California. I also like its proximity to many wonderful areas including the mountains, and the Bay Area."



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SACRAMENTO Children's Museum

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NOT-SO-TYPICAL "MUSEUM"



ARTICLE ALLISON HOPKINS | PHOTOGRAPHY PROVIDED

Don't let the definition of a museum sway your thoughts about taking the kids to the Sacramento Children's Museum. Merriam-Webster describes a museum as "a building in which interesting and valuable things, such as paintings and sculptures or scientific or historical objects, are collected and shown to the public." The experiences of infants to eight-year-olds (and beyond) at the 7,000-square-foot facility in Rancho Cordova aren't hush-hush and don't touch...they are hands-on, real-time learning and fun!

Jane Ternavsky has been taking her four kids (ages 4, 7, 10 and 12) to Sacramento Children's Museum every month and usually goes during the members-only hours.

"The learning is so subtle," says Ternavsky, who enjoys having playdates at the Museum. "They love every minute of it, their little fingers exploring the topographical sand or sifting water through a sieve. It's adorable, but they are making connections. They see that the higher up in a mountain you go, the hotter it gets...when they add more sand to the topographical

mountain, the sand turns a red color. When they make a shallow valley, water appears... underground springs? An ocean? That's up to them to decide, but you can see the excitement in their eyes."

What Ternavsky is describing is the Augmented Reality Sandbox, one of the very popular STEM exhibits at the Museum. It consists of a digital projection on top of the sand with geographic features and has a connected laser motion detector. As you are playing with the sand and moving it around, it all changes in real time.

"There are sensory components to it, which appeals to our youngest visitors, and from there they start to understand, on a basic level, cause and effect," says Molly Mix, program manager at the museum, who has a background teaching at a Montessori school. "If you catch the blue light from the projector you can generate virtual rain and see how it behaves on different elevations."

Other popular stations include a WaterWays area, where kids enjoy getting really wet while exploring the vortex and currents, and Mr. Noodles' Forest, where they navigate through a dense and stimulating textural forest of pool noodles suspended from above. Children of all ages love using play money to purchase goods at a market, painting on an enormous glass "community canvas" wall, and experimenting with a race car loop, which teaches a little about inertia and gravity.

"We don't offer a wifi password at the museum because it encourages the parents to get involved and be active with their kids," says Mix. "I think a museum like this is a perfect



opportunity for parents and children to both unplug and spend quality time together."

A new program at the museum is "ExplorAbility," an exclusive time where children on the autism spectrum can come with their caregiver at no cost and play with the exhibits. Professionals from a variety of therapeutic approaches observe the kids during this time, get to know them, and use that information to find ways to scaffold play interactions with the exhibits, their caregivers and other children.

"This program is meant to have a dual purpose," says Mix. "It has the immediate effect of being able to help parents help their kids to engage meaningfully, and also as a resource to introduce parents to the different disciplines (therapeutic approaches) that are out there."

Museum staff are also very excited about the "Museum-on-the-Go" program starting in early 2017. The organization obtained funding for a new van from Rancho Cordova's Measure H funds and will be taking field trips to local schools, bringing interchangeable learning exhibits.

Coming up on October 16 is the museum's 5th anniversary event, its very own "Leo's Amazing Race." Designed after the popular TV show, and named after the museum's mascot, teams of families will compete in 10 different challenges across Rancho Cordova. Registration is only \$50 per team. Visit SackKids.org for more details!

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ARTICLE AND PHOTOGRAPHY LOGAN JEFFREY

Caterina Yac is a single, fiercely independent woman who owns a three-acre farm at an elevation of 4,000+ feet in Santa Clara Laguna, Guatemala. Her main crop is coffee, though she also grows a variety of other crops to eat and barter with neighbors. When she brews some of her homegrown coffee to offer to guests, she's probably not thinking about you, but when you brew some of her coffee, you'll likely be thinking about her. That's because her face appears square on the front of the bag of beans, along with information about the country, region and family farm they were grown on.

You'll find Caterina's portrait next to dozens of others, along with their carefully grown and roasted coffees, about 2,500 miles from her farm at a humble cafe, next to a yogurt shop in East Sacramento. Pachamama Coffee Cooperative Cafe, located at 3644 J Street, was built by the Pachamama Coffee Cooperative. Caterina is a member of the Cooperative, which makes her a shop owner too. Though owned entirely by its member-farmers, Pachamama Coffee Cooperative is helmed by CEO Thaleon Tremain, who became aware of the disconnect between the work farmers do and the price they receive for their goods, while he was a volunteer with the Peace Corps in Bolivia.



By utilizing a Cooperative model, instead of just acting as a broker to the existing market, Pachamama is able to ensure that the farmers can keep the bulk of the profits from their hard work. In fact, Pachamama is the only American coffee company owned 100 percent by its farmers. After growing the Cooperative to over 142,000 farmers in Peru, Nicaragua, Guatemala, Mexico, and Ethiopia with roughly 10,000 pounds of coffee sold per month, Tremain and the farmers (via their elected boards of governors) decided to utilize a Kickstarter campaign that allowed them to open a roasting operation and information center at Pachamama's headquarters in Midtown (919 20th St.).

The Cooperative then decided to build a cafe to showcase their single-origin coffees in green, roasted and brewed form. Formerly a cheese shop, the location sits almost directly opposite a Peet's Coffee and a Starbucks on J Street in East Sacramento. Pachamama's loyal fans, however, wouldn't even think about crossing the street to patronize the competitors.

Amanda Mays, a Pachamama customer sipping from a mug of coffee grown by farmers in Pueblo Nuevo, Nicaragua, summed it up thusly, "When you choose a farm-to-cup coffee shop like Pachamama, you're rewarding the efforts of individual farmers instead of just rewarding corporate shareholders. And when you drink single-origin coffees, you can taste the love the farmers put into their labor, and the soil the coffee is grown in."



Deep in the Andes of Peru, in the sacred valley of the great Inca civilization, Pachamama means Madre Tierra, or Mother Earth.

Today, family farmers in the Santa Teresa valley of Cusco grow, harvest, roast and brew their best organic coffee for you.



Just as importantly, the coffees produced by Pachamama are delicious. In the East Sacramento Cafe, you can sample a variety of coffees that are made by the cup, including their Ethiopia Yirgacheffe, which was awarded a high score of 93 from Ken David's *Coffee Review*, the world's leading coffee guide. David describes it as "sweet, intricate, lavishly floral. Complex floral notes (lavender, lilac), honey, sweet citrus, a crisp base of fresh-cut cedar and roasted cacao nib in aroma and cup. Vibrant, juicy acidity; light though silky mouthfeel. Cedar and cacao nib in particular lead into a dry, lightly flavor-saturated finish." You can also opt for one of the Cafe's espresso drinks, crafted expertly by their baristas, who will answer any questions you have about the aforementioned beans available for purchase.

If you like iced coffee, order a Nitro Cold Brew, coffee that has been ground coarsely and steeped for a day in cold water, which is then kegged, cooled, and injected with nitrogen. Finally it's poured into a glass with no ice, giving it the cascading look and mouthfeel of a well-poured Guinness Stout. If you're already well caffeinated, they offer a selection of teas and locally made pastries.

Pachamama is open seven days a week, and you can purchase their coffees at the roaster, the cafe or online. They also offer a monthly coffee delivery service, which was the first of its kind. But don't be intimidated by other tasters describing hints of cedar and saturated finishes. All you have to do is enjoy a great, and just, cup of joe.



ARTICLE PAMELA BAKER

reader's choice

2016

From restaurants to salons to home services,
you voted for your favorites

ARTICLE PAMELA BAKER

Thank you Sacramento! When we put out the call for your favorite businesses on our *Sacramento Lifestyle Magazine* Facebook page, you responded in full force. All of the businesses were nominated by and voted on by you. With nearly 30,000 votes from June 25 to July 11, 2016, the results are in.

There were a few close calls and even a tie for runner up in one category, but you've definitely got your favorites! You voted, we thank you, and it is our pleasure to share the results of first annual *Reader's Choice* with you.

BEST RESTAURANTS

Hikkaido Scallops - Mikuni's



BEST SUSHI

Winner - Mikuni Japanese Restaurant
and Sushi Bar

1530 J Street #150, Sacramento, CA 95814 916.447.2112

MikuniSushi.com

Mikuni has established a reputation for delivering a compelling blend of traditional Japanese cuisine and American innovation. Under Mikuni's master chef Kotari Arai or Taro, to those who know him, Mikuni chefs take diners on a senses-stimulating excursion into a world of extraordinary flavors, compelling textures, and visual enchantment.

Runner Up - Kru Contemporary Japanese Cuisine

Scott's Seafood



BEST SEAFOOD

Winner - Scott's Seafood on the River

4800 Riverside Blvd, Sacramento, CA 95822

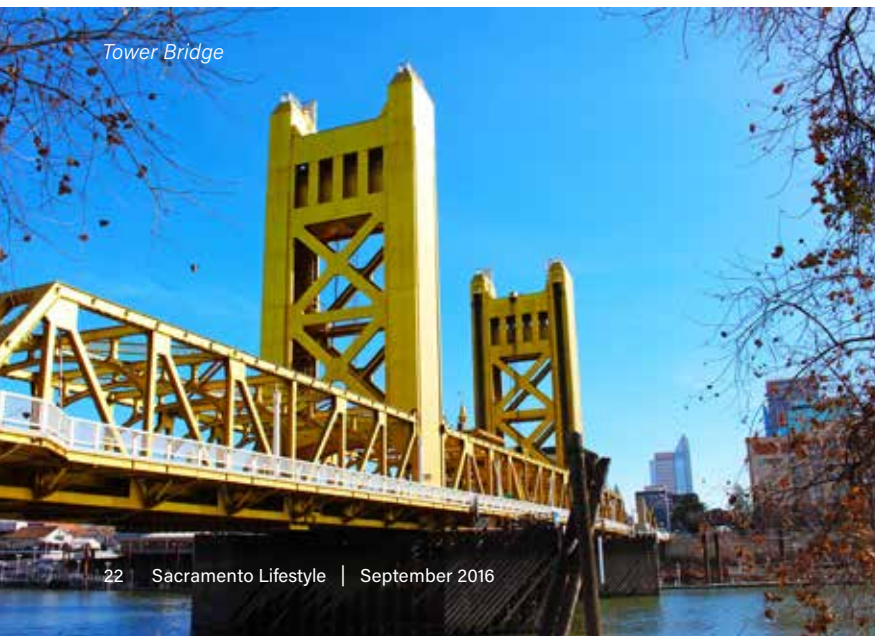
916.379.5959

ScottsSeafood.net

Located on the scenic Sacramento River, award winning Scott's Seafood Grill and Bar is home to the freshest seafood and certified Angus steaks. Serving breakfast, lunch and dinner every day, with brunch on the weekends.

Runner Up - The Waterboy

Tower Bridge



Located in the thriving R Street Corridor, enjoy craft beers on tap and a wide variety of burgers made from Niman Ranch meats. Sauces and dressings are made in-house with the freshest ingredients.

Runner Up - The Habit Burger Grill



BEST BURGER

Winner - Burgers and Brew

1409 R St, Sacramento, CA 95811

916.442.0900

BurgersBrew.com

Temple founder and barista Sean Kohmescher opened the first Temple Coffee house in 2005. His vision was simple: good vibes, great service, and exceptionally well-prepared coffee. Ten years, five coffee houses, and a roasterie later, it is still this vision that Temple perpetually strives to fulfill.

Runner Up - Dutch Bros

BEST COFFEE SHOP

Winner - Temple Coffee and Roasters

1010 9th Street, Sacramento, CA 95814

916.443.4960

TempleCoffee.com



BEST BARBEQUE

Winner - Sandra Dee's Bar-B-Que and Seafood

601 15th St, Sacramento, CA 95814

916.448.6375

SandraDeesBbq.com

Located in the heart of midtown Sacramento, the restaurant specializes in southern food and mouth-watering BBQ. Sandra Dee's Bar-B-Que and Seafood is a family owned establishment from top to bottom.

Runner Up - Tank House BBQ



BEST COCKTAIL

Winner - The Red Rabbit Kitchen and Bar

2718 J St, Sacramento, CA 95816

916.706.2275

TheRedRabbit.net

Red Rabbit creates fine cocktails from the ground up with house made syrups and fresh squeezed juices. Fresh herbs are muddled and the spirits list is eclectic. There are six taps of interesting beers along with bottles and cans of suds from around the world.

Runner Up - Bottle and Barlow

CONTINUED >



BEST MEXICAN CUISINE

Winner - Chando's Tacos

863 Arden Way, Sacramento, CA 95815

916.641.8226

ChandosTacos.com

Whether you are ordering from the Arden Way taco stand, the food truck, or one of their other new locations, enjoy Chando's home made Mexican food. Made from the freshest ingredients, featuring their hand crafted tortillas.

Runner Up - Centro Cocina Mexicana

BEST BREAKFAST/BRUNCH

Winner - Fox and Goose Public House

1001 R St, Sacramento, CA 95811

916.443.8825

FoxandGoose.com



Housed in a distinctive brick building in downtown Sacramento, this long time local favorite features traditional English breakfast, pub grills, creative omelets and American fare.

Runner Up - Orphan Breakfast House

Ruth's Chris Steak House



BEST STEAK HOUSE

Winner - Ruth's Chris Steak House

501 Pavilions Lane, Sacramento, CA 95825

916.286.2702

RuthsChris.com

Ruth's Chris Steak House in The Pavilions features their signature sizzling plates with a perfectly seared steak. Enjoy a handcrafted cocktail or choose from their award-winning wine list.

Runner Up - Morton's Steakhouse



BEST ASIAN CUISINE

Winner - Ramen House Ryujin

1831 S St, Sacramento, CA 95811

916.341.0488

RyujinRamen.com

Bringing real Japanese tasting ramen to Sacramento, this newest restaurant on S Street offers ramen dishes at affordable prices. Made from ramen soup broth that has been cooked for over 20 hours, choose from a wide variety of dishes.

Runner Up - The Coconut Midtown

BEST NEW RESTAURANT

Winner - Iron Horse Tavern

1800 15th St, Sacramento, CA 95811

916.448.4488

IronHorseTavern.net

From the creators of Cafeteria 15L and Firestone Public House, Iron Horse Tavern is the one of latest bar and restaurants on the revived former railway known as the R Street Corridor. Enjoy dining inside or out and choose from a wide variety of food and drink selections.

Runner Up - Empress Tavern

BEST TAVERN/SPORTS BAR

Winner - Firestone Public House

1132 16th St, Sacramento, CA 95814

916.446.0888

FirestonePublicHouse.com

Featuring 60 beers on tap and a large, American-inspired, creative menu, Firestone Public House is the premier place to enjoy happy hour, game day entertainment and get-togethers. Featuring 22 flat screens, an unrivaled sound system and two outdoor patios.

Runner Up - Clubhouse 56



Freeport Bakery - Photo
by DL Cunningham
Photography

BEST BAKERY

Winner - Freeport Bakery

2966 Freeport Blvd Sacramento, CA 95818

916.442.4256

FreeportBakery.com

Freeport Bakery is an award winning, full line scratch bakery in Land Park, best known for its wonderful and imaginative cakes. A recent addition to the bakery is the “annex”, a space devoted to cake decorating. With its large windows, people are able to get a glimpse of the exciting techniques that make Freeport’s cakes so special. The small footprint of the bakery itself belies the 50+ employees working inside creating pies, breakfast Danish, cake pops and more.

Runner Up - Estelle's Patisserie

BEST DESSERT

Winner - Rick's Dessert Diner

2401 J St, Sacramento, CA 95816

916.444.0969

RicksDessertDiner.com

Rick's Dessert Diner has more than 285 varieties of European and American desserts, all made fresh daily from “scratch.” Enjoy their tall cakes, fresh fruit tarts and tortes, and the most decadent chocolate desserts imaginable!

Runner Up - Ginger Elizabeth Chocolates



BEST ITALIAN CUISINE

Winner - Lucca Restaurant and Bar

1615 J St, Sacramento, CA 95814

916.669.5300

LuccaRestaurant.com

Lucca Restaurant and Bar features a wide variety of Italian dishes using seasonal, locally grown produce, Lucky Dog Ranch meats and fresh pasta. Lucca's also offers one of the most popular Happy Hours in town.

Runner Up - Biba Ristorante Italiano

Zelda's



BEST PIZZA

Winner - Zelda's Original Gourmet Pizza

1415 21st St, Sacramento, CA 95811

916.447.1400

ZeldasGourmetPizza.com

A midtown Sacramento institution for years, Zelda's gourmet pizza is prepared using authentic Italian recipes, with the freshest and finest ingredients. Expect long waits at this popular restaurant, but the wait is definitely worth it, according to the many fans of Zelda's Pizza.

Runner Up - One Speed

CONTINUED >

BEST PERSONAL SERVICES

Jessi James Salon and Spa



BEST SALON

Winner - Jessi James Salon and Spa

151 Iron Point Rd, Folsom, CA 95630

916.355.8005

JessiJamesSalon.com

Jessi James Salon & Spa is a modern-day salon that caters to both men and women in a fresh and relaxing space. Opened by hairstylists Jesse Tamburini and Jessi Marchant, the salon prides itself on providing the highest quality in services and products.

Runner Up - Salon N

BEST MED SPA

Winner - New Body MD Surgical Center

1111 Exposition Blvd #400b, Sacramento, CA 95815

916.634.1442

NewBodyMd.com



New Body MD Surgical Center and Med Spa provides men and women with a lush, relaxing experience and offers an array of non-surgical services to optimize skin health and tone. Skin care consultations are provided by a licensed nurse/aesthetician to determine the best procedures and skin care products for you.

Runner Up - Eternity Med Spa



BEST DAY SPA

Winner - Arden Hills Club and Day Spa

1220 Arden Hills Ln, Sacramento, CA 95864

916.482.6111

ArdenHills.club

The Spa at Arden Hills offers the ultimate day spa experience. With a full range of revitalizing services for both men and women, relax, rejuvenate and revitalize your mind and body in the Spa at Arden Hills.

Runner Up - Salon Curvee and Day Spa



BEST NAIL SALON

Winner - Sassy Nails and Spa

6600 Florin Rd, Sacramento, CA 95828

916.429.2344

Customers love the service and the prices at Sassy Nails and Spa. Staff are professional and prompt. Several gel color and pedicure options are available.

Runner Up - Lotus Hair and Nails

BEST MEN'S SALON

Winner - Anthony's Barbershop

2408 21st St, Sacramento, CA 95818 | 916.457.1120

SacramentoBarbershop.com

Anthony's, located in midtown Sacramento, is an old fashioned barbershop with a modern twist. They do men's haircuts and hot towel razor shaves. They offer modern and retro haircuts as well as spray wax, gels, shampoos and several different mustache waxes.

Runner Up - Barber Blues

BEST HEALTH PROFESSIONALS

BEST ORTHODONTIST

Winner - Image Orthodontics

4150 Truxel Rd, Sacramento, CA 95834

916.419.9939

ImageOrthodontics.com

At Image Orthodontics, they combine a private practice experience with the benefits of multi-doctor collaboration and multiple locations, providing children and adults the highest quality orthodontic care with friendly, highly-trained staff in a comfortable environment.

Runner Up (tie) - Markham Orthodontics and Hoyberg Orthodontics



BEST VETERINARIAN

Winner - Sacramento Animal Hospital

5701 H St, Sacramento, CA 95819

916.451.7213

MySacVet.com

Sacramento Animal Hospital is a full-service veterinary medical center that specializes in the treatment of dogs and cats. They are committed to providing the highest quality care while maintaining the feel and comfort of a small family practice. They are an accredited member of the American Animal Hospital Association.

Runner Up - Mueller Pet Medical Center

BEST DENTIST

Winner - Vineyard Oaks Dental

8940 Vintage Park Dr, Sacramento, CA 95829

916.525.3200

TheVineyardDental.com

Vineyard Oaks Dental offers patients a comprehensive list of general, restorative and cosmetic dental services designed to meet the needs of the whole family. The team is dedicated to providing you with the personalized, gentle care that you deserve.

Runner Up - East Sacramento Dental



BEST OPTOMETRIST

Winner - Sacramento Optometric Group

400 O St #102, Sacramento, CA 95814

916.443.3524

SacEyeDocs.com

Established in 1931, Sacramento Optometric eye care clinic will care for all your vision needs. They handle everything from eye exams and hard-to-fit contact lenses, to computer vision problems, specialty lenses and co-manage eye surgery.

Runner Up - EyeChicks Eyewear

BEST PLASTIC SURGEON

Winner - UC Davis Plastic Surgery

2221 Stockton Blvd, Sacramento, CA 95817

916.734.7844

UCDMC.UCDavis.edu/PlasticSurgery

UC Davis Plastic Surgery board-certified surgeons provide a range of aesthetic plastic surgical procedures, including body contouring operations and reconstructive surgery. Cosmetic surgery includes facial rejuvenation, breast enhancement, and scar revision.

Runner Up - The Plastic Surgery Center



BEST PEDIATRIC DENTIST

Winner - Surfside Kids Dental

2615 Riverside Blvd, Sacramento, CA 95818

916.979.5444

SurfsideKidsDental.com

Whether your child is visiting for a routine cleaning appointment or a dental concern, at Surfside Kids Dental the needs of your child are met on an individual basis. They offer state of the art equipment, movies to watch, and communicate with your child so he or she knows what to expect from beginning to end.

Runner Up - Children's Choice Pediatric

CONTINUED >

BEST CHIROPRACTOR

Winner - Healing Touch Chiropractic

1919 21st St #101, Sacramento, CA 95811

916.447.3344 | FixMyBack.com

The Healing Touch Chiropractic emphasizes improving your health in an effort to reduce the risk of pain and illness. Healing Touch Chiropractic will personally tailor a wellness program specifically targeted to your needs using the least invasive yet highly-effective techniques and services.

Runner Up - Active Life Team Chiropractic

BEST DERMATOLOGIST

Winner - Calkin and Boudreaux

2625 Fair Oaks Blvd, Sacramento, CA 95864

916.646.3376 | SacDermatology.com

Whether you are concerned with general dermatologic conditions or desire cosmetic changes, the board-certified doctors and associates at Calkin & Boudreaux offer outstanding medical training and experience to patients seeking a more discreet, intimate setting.

Runner Up - Sutter Health

BEST PEDIATRICIAN

Winner - Sacramento Valley Pediatric

7501 Hospital Dr # 203, Sacramento, CA 95823

916.681.1130 | SacramentoValleyPediatric.com

Meet the friendly, experienced pediatricians and staff at Sacramento Valley Pediatric Medical Group. The entire team is dedicated to helping you and your child feel at home from the moment you walk through the door. Their clinic-focused practice works hard to meet the needs of children from infancy through adolescence.

Runner Up - Pediatric Medical Associates

BEST FAMILY PHYSICIAN

Winner - Sutter Health Family Medicine

1201 Alhambra Blvd, Sacramento, CA 95816

916.731.7866 | SutterHealth.com

Family medicine doctors who provide continuing, comprehensive health care for your family, from infants to the elderly, integrating biological, clinical and behavioral sciences. Many of Sutter's family practice doctors offer same- and next-day appointments, extended hours on evenings and weekends for urgent care, and doctors on call for acute, after-hours needs.

Runner Up - UC Davis Medical Group

BEST OBGYN

Winner - Sutter Health Women's Health

5151 F Street, Sacramento, CA 95819

916.733.7020 | SutterHealth.com

Sutter offers inpatient and outpatient services designed to provide the women of the greater Sacramento region with ready access to the most advanced medical treatments available. Sutter has five hospitals with family-centered maternity care and that meet the highest quality standards, but offer unique birthing choices.

Runner Up - Northern California OBGyn

BEST HOME SERVICES



BEST PAINTER

Winner - Baldwin Custom Painting

2208 4th Ave, Sacramento, CA 95818

530.636.0732 | BaldwinCustomPainting.com

With over a decade of painting experience, owner Jeff Baldwin is a skilled and versatile painter who believes in quality craftsmanship. Always using top-of-the-line materials and products, Baldwin Custom Painting specializes in high-end residential and small commercial painting projects.

Runner Up - DeFazio Painting



BEST LAWN CARE

Winner - Fresh Air Yard Care

PO Box 221513 Sacramento, CA 95822

916.475.7956

FreshAirYardcare.com

Fresh Air Yard Care is a sustainable lawn service for residential and commercial clients who want cleaner air, quieter neighborhoods and workplaces, and healthy, well-groomed lawns free of pesticides and chemicals. They provide a green alternative to the "mow and blow" yard services.

Runner Up - Lush Lawn Care and Landscaping



Lyon Real Estate

BEST REALTY GROUP

Winner - Lyon Real Estate

3640 American River Drive, Ste 100 Sacramento, CA 95864

916.978.4200 | GoLyon.com

Serving the Greater Sacramento Area for six decades spanning a two-generation history, Lyon has nearly 1000 agents in 17 offices throughout the four-county region. Lyon has successfully evolved by maintaining Lyon's family values of honesty, integrity, and respect - combining them with the spirit of continuous innovation and a quest for excellence.

Runner Up - Better Homes Realty



BEST ROOFER

Winner - T & T Roofing

5651 Valley Hi Dr, Sacramento, CA 95823

916.392.8642

TandTRoofing.com

T and T Roofing is a family owned and operated roofing company with over 35 years of reroofing and roofing repairs in Sacramento. Steve and his father, long time Sacramento roofers, established T and T Roofing in 1974. They specialize in leak repairs of all types, roofing and re-roofing jobs of all sizes.

Runner Up - Roof Guys

BEST HOME BUILDER

Winner - KB Home

1164 Galleria Blvd. Suite 150 Roseville, CA 95678

916.472.3001 | KBHome.com

For almost six decades, KB has helped more than 550,000 families and individuals achieve the dream of homeownership. KB is a recognized leader in energy and water efficient building. They are the only homebuilder to receive the ENERGY STAR® Partner of the Year Sustained Excellence Award four years in a row.

Runner Up - Pulte Group



BEST JEWELER

Winner - Sharif Jewelers

1001 K Street, Sacramento, CA 95814

916.330.1977

SharifJewelers.com

As a family-run and operated business, Sharif's upholds the family tradition and legacy by emphasizing unparalleled quality, exceptional value, and personal attention to their customers. They operate five elegant stores in the greater Sacramento market.

Runner Up - Skalet Family Jewelers

BEST WOMEN'S CLOTHING

Winner - Sandra D's Boutique

3941 Park Dr, Suite 30 El Dorado Hills, CA 95762

916.939.1511

SandraDs.com

Women's clothing, accessories and gift boutique with choices for all ages of women, Sandra D has a knack for putting together great outfits and accessories. Discover fun fashion at a reasonable price.

Runner Up - Heart Clothing Boutique

CONTINUED >



BEST LANDSCAPER

Winner - Dreams2Reality Construction Landscape

1500 West El Caminto Ave #479 Sacramento, CA 95833

916.212.2081

Dreams2RealityHomes.com

The company's experience and dedication can be seen through the quality of work that they provide to their customers. Landscaping services include lawn maintenance (residential & commercial), front yard and back yard landscaping and tree trimming services.

Runner Up - Solinsky Gardens



BEST DOG CARE/GROOMING

Winner - Wagging Tailz Pet Spa and Lounge

1304 Fulton Ave, Sacramento, CA 95825

916.949.2403 | WtPetSpa.com

Stop in and see why Wagging Tailz Pet Spa and Lounge has quickly become the #1 Pet Spa in Sacramento! 13 years of experience DOES make a difference!

Runner Up - Grateful Dog Daycare

OTHER CATEGORIES



BEST CHILDREN'S CLOTHING

Winner - Mother Goose Store

3218 Riverside Blvd, Sacramento, CA 95818

916.447.1733

Friendly proprietor with great prices on new and used children's clothing, gifts, toys and books. Drop by this delightful Land Park shop to browse through this small space filled with a beautiful and unique collection.

Runner Up - Puddles - A Children's Shoppe



BEST FITNESS CENTER

Winner - Robles Fitness Gym

1225 N B St, Sacramento, CA 95811

949.690.7691

RoblesFitness.com

Robles Fitness Gym offers the best group fitness classes in Sacramento for all fitness levels. Whether you've never set foot in a gym before or you are Division 1 athlete, Robles offers something for everybody. Check out this unique and personal gym. First class is free!

Runner Up - The Capital Athletic Club



BEST KID'S ACTIVITY

Winner - Fairytale Town

3901 Land Park Dr, Sacramento, CA 95822

916.808.7462 | FairytaleTown.org

For over 50 years, Fairytale Town, in William Land Park, has offered children and families a safe place to imagine, play and learn. With 25 playsets based on nursery rhymes and fairytales, a friendly flock of farm animals, two performing arts stages and several gardens, learning has never been more fun!

Runner Up - Sacramento Zoo



THERE'S A STORY BEHIND EVERY SMILE...

...and everyone wants to have a smile they feel good about, no matter their age, gender, profession, or circumstance. Understanding that simple fact has allowed us to provide not only exceptional results, but a pleasing experience as well. So whatever the story may be...**we'd like to be a part of yours!**

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RIRE

Boutique

A "HAPPY PLACE" TO SHOP

IN MIDTOWN, DAVIS AND
NOW OAK PARK

Owner of Rire Boutique, Josie Lee, didn't plan to have her own midtown clothing store. She didn't plan to have a second boutique in Davis either. Instead, the former fashion blogger turned popular fashion retailer says everything just happily fell into place. Now, Rire Boutique's newest and third location at 3330 Broadway in Oak Park's bustling Triangle District brings affordable fashion to the budding neighborhood.

Lee, 29, is a Sacramento State graduate and says she's come a long way since the days of selling merchandise in a 100-square-foot space at the East Sac Mercantile. With three boutiques and a brand new webstore up and running, Lee now ships her Rire-brand styles across the country.

When asked to describe the ideal woman that shops at Rire, Lee says she imagines a happy, 24 to 35-year-old young professional. A woman that's still figuring out what her ultimate career will be, but has a soft spot in her heart for small businesses, a love for local craft beer, and a penchant for happiness, life and is genuinely friendly.

"I wanted [Rire] to be a happy place," says Lee of her fashion empire. "I look for things that are more on the feminine side, but the cool thing about the clothing that I offer is even if someone is more boho or edgy they can definitely use pieces from here for the styles that they like to wear."



ARTICLE STEPH RODRIGUEZ | PHOTOGRAPHY PROVIDED



The styles at Rire are more on the sweet, feminine side with floral prints, bright colors, long and flowing dresses, and lacey bralettes to be worn under tank tops or crop tops. There are dozens of local, handcrafted accessories like earrings, necklaces and bracelets to add a little extra panache to any look. Not to mention, the selection of hats

because let's face it: oversized headwear is definitely in this summer.

Lee also keeps her customers' fashion budgets in mind when choosing her pieces at trade shows from the Bay Area to Las Vegas. She looks for quality, versatility, and most importantly, prides herself on keeping items below \$50.

"Most dresses are between \$36 and \$42 and a lot of our tops are \$18 to \$36. It's all pretty affordable," says Lee. "We have a lot of accessories as low as \$5 for earrings, necklaces for \$9 to \$12, [and] the bralettes are from \$12 to \$18. I'm still paying my student loans, so I know what it's like to be on a budget." (Laughs)

What draws Lee to fashion is the variety of creative ways her customers wear a Rire piece. For instance, no two customers will rock the same skirt or top the exact same way and she admires that.

"Everyone will wear it differently because they're just different



people," says Lee. "Everyone has their own style and they can do what they want with it and I like that. It's really fun."

Some fun summertime trends found at all three Rire locations include rompers, a one-piece shorts-set with thin straps on top, and bralettes, a light and airy alternative to the bra that can be layered

with low-cut tank tops and paired with jean shorts.

Between running three stores and operating the new webstore, Lee finds time to donate to charities like the Sacramento SPCA, which receives a portion of all Rire sales.

Lee's newest location in Oak Park opened in July and she says the neighborhood's reception to her little store on the corner of Broadway and 33rd Streets is positive, which makes the long hours and 2 a.m. emails all worthwhile.

"I have not been in Oak Park very long, but just walking around to the post office to Old Soul and back, this has been the friendliest neighborhood," says Lee. "Here, I'm just walking down the street and people will be like, 'Hey! How's your day going?'"

It seems like Lee's goal of making Rire a "happy place" is well on its way.



Sacramento *Home Winemakers Club*

THE PERFECT CLUB FOR MAKING WINE AND MAKING FRIENDS

ARTICLE GARY BAKER | PHOTOGRAPHY PAM BAKER



I have a neighbor who lives just down the street from me. He and his wife walk their dog past my house once a day. We often stop and talk about what's going on in the neighborhood or travel plans or general chit chat. What I didn't know about my neighbor was that for the past 3 years he has been making award winning wines right at his home, right in my neighborhood. In fact, he belongs to a club here in Sacramento that is dedicated to home wine making.

The Sacramento Home Winemakers (SHW) Club is a volunteer nonprofit organization. The mission of the Club is to promote the art and science of winemaking through education, competition, and social meetings. The SHW incorporated in 1973 and is the oldest continuously operating home winemaking club west of the Rockies, dedicated to preserving the art of home winemaking. However, the philosophy of the club is more of a welcoming sentiment that seeks to encourage experimentation and collaboration amongst members. While attending a recent meeting of the SHW, I asked a member what motivates home winemakers especially since they can't sell their products for profit. Her response was for the sheer creative enjoyment of doing something yourself. "Have you ever made your own spaghetti sauce?", she countered.

Although the club encourages members to be their own independent producers, the actual dynamic includes mentoring, information sharing and formalized education programs focusing on the scientific technology of home wine making. The club is supported, in part, by partnerships with UC Davis and commercial wine makers. A visit to their website clearly shows this group's enthusiasm for all things related to wine. There you can find listings of events, newsletters, the history and award winning wines.

The Club currently has about 170 paid household memberships and approximately 360 members. The annual membership fee is a reasonable \$50.00 per household, renewable each year. The membership meets

monthly and is an eclectic group of retirees, working people and just regular folks interested in learning about wine and wine making.

The monthly club meetings are well organized, informative, and fun. At one recent meeting, all members were invited to taste five Bordeaux-style wines made, of course, by club members. These Bordeaux wines, in line with the French tradition, were all red blends primarily of six different varietals. Two professional evaluators with seasoned sommelier-like expertise led the wine tasting, discussing the characteristics of the various wines tasted using information supplied by the home wine maker and their own sight, smell and taste to distinguish subtleties in each pouring. Sharing their knowledge about these wines helped everyone present learn more about the art and science of both grape growing and wine making as they provided detailed, analytical assessments of the step by step vinification process for making the best possible homemade wine. You could readily sense that these club members appreciated the evaluator's comments as they are more a group of passionate technicians than just casual hobbyists.

Wine makes friends as you might know if you have ever gone wine tasting. Similarly, if you are a home wine maker, club members tell me, you'll have more friends than you ever expected, once the word gets out to your neighbors. However, friends, comradery, and family-close relationships are not the only benefit to being a club member. Members enjoy classroom like learning with half day workshops like Wine 101 or 201. Monthly meetings may include a speaker series featuring wine specialists and/or local vintners. Wine evaluations, tastings, and winery tours are also part of the educational focus sometimes sponsored and supported by the wine industry itself.

The club includes people with considerable wine making expertise and enough experience to warrant some award winning wines in both the California State Fair Home Wine Makers

competition and the Jubilee, which is the SHW Club's own annual competition. As you can imagine, a friendly rivalry exists among club members to make the best wines. This is a club full of knowledgeable people with a sincere interest, if not love, of wine, especially making it. All work together to support one another's wine making interests and endeavors. Although the club has

been together for 43 years with some members in long standing, new members are always welcome.

So, if you are a wine lover and curious about making your own wine at home, check out the next meeting. Details can be found at **SacHomeWine.com**. Who knows? You might just be the next gold medal winner at the California State Fair's Home Wine Makers Competition.



September

THROUGH OCTOBER 16

THE LUSTER OF AGES - ANCIENT GLASS FROM THE MARCY FRIEDMAN COLLECTION

[CROCKER ART MUSEUM](#)

This exhibit explores glass vessels that have miraculously survived the ages, from the 6th Century BCE to the 10th Century CE. From the eastern Mediterranean, they reflect the influences of Greek, Roman and Phoenician cultures in the Holy Land. [CrockerArtMuseum.org](#)

THROUGH SEPTEMBER 18

SHREK: THE MUSICAL

[24TH STREET THEATRE](#)

Based on the award-winning Dream Works animation film, *Shrek: The Musical* is this year's must-see show for all the family. [RunawayStage.com](#)

SEPTEMBER 2 - 4

SACRAMENTO GREEK FESTIVAL

[SACRAMENTO CONVENTION CENTER](#)



The Greek Festival features authentic Greek food, a village-style atmosphere that represents the epic Greek passion for life food, drink and dance. Admission \$5, Seniors \$4, under 12 free. [SacramentoGreekFestival.com](#)

SEPTEMBER 8

GATHER: OAK PARK

[OAK PARK](#)

Inspired by the warm California nights and the emerging trend of the food culture, GATHER is a take on the city as a dining table. Set in a familiar, but unusual setting, this unique food event takes place monthly on the 2nd Thursday evening in Oak Park through October. Includes a craft beer area, artisanal food, live music. [GatherNights.com](#)



SEPTEMBER 9

SWING FORE EDUCATION

[BARTLEY CAVANAUGH GOLF COURSE](#)

It's time to sign up for the Community Wellness Forum Golf Tournament to benefit college scholarships for deserving high school grad-



uates. Register to play with a team of your golfing buddies, then enjoy a buffet style lunch and awards presentation. \$95 per person or \$380 for a foursome. Includes cart, gift bag and lunch.

SEPTEMBER 10

CRUISE FEST ON FULTON AVENUE

[SACRAMENTO](#)

On Saturday, September 10th from 4 p.m. to 8:30 p.m., cruisin' is back on Fulton Avenue! This year, they're not just parked and pretty, they're movin' and cruisin'! This free family event includes food trucks, breweries, and bands will already be set up and rocking and rolling in their respective lots on Fulton Avenue while the cruise is going. [CalAutoMuseum.org](#)

SEPTEMBER 11

RUN TO REMEMBER

[CAPITOL MALL GREENS](#)

Join the 15th Anniversary of 9/11 in remembering not only the nearly 3000 Americans who did not return home to their families after the tragedy, but also those members of our Armed Forces who have given their lives defending our country. [Sac911Run.com](#)

SEPTEMBER 15

SACRAMENTO BURGER BATTLE

[CESAR CHAVEZ PLAZA](#)

The Sacramento Burger Battle is a one night charity burger cook-off to help raise money for the Crohns and Colitis Foundation of America. 15 local restaurants will cook up burgers and compete for the Best Burger title. [SacBurgerBattle.com](#)



SEPTEMBER 15 - 18

OUT OF THIS WORLD

[SLEEP TRAIN ARENA](#)

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CONTINUED >

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Lifestyle Calendar (CONTINUED)

entire family will be amazed by this cosmic voyage as you discover the wonder of gravity-defying acrobats, orbital aerialists, majestic animals and humorous clowns. Ringling.com

SEPTEMBER 17

WALK FOR LIFE

STATE CAPITOL WEST STEPS

Join the annual Walk for Life to benefit the local support services for patients and families in Northern California with a brain aneurysm and AVM. The Greater Sacramento Aneurysm and AVM Support Group is a non-profit group devoted to making a difference in the community. Admission \$20 - \$25. Day of \$30. AVMandAneurysmSupport.com

SEPTEMBER 18

SAFARI ON THE RIVER

JULUKA LANDING PRIVATE MARINA

Presented by the Africa Hope Fund, Safari on the River is an Africa experience complete with great African cuisine, an African marketplace, African dancers, musicians and a live auction. 1951 Garden Highway. SafariOnTheRiver.com



SEPTEMBER 18

LET'S ROC: 5K RUN FOR OVARIAN CANCER

SHRINER'S HOSPITAL FOR CHILDREN

Organized by the Ovarian Cancer Education and Research Network to advocate for research for the early detection, treatment and cure of ovarian cancer. Admission \$37. LetsROCRun.org

SEPTEMBER 19

INTERNATIONAL TALK LIKE

A PIRATE DAY

SACRAMENTO

International Talk Like a Pirate Day is a parodic holiday created in 1995 by two friends who proclaimed September 19 as



the day when everyone in the world should talk like a pirate. An observer of this holiday would greet friends not with "Hello," but with "Ahoy, matey!" Check out the website and amuse your friends by talking like a pirate all day. TalkLikeaPirate.com

SEPTEMBER 28

SACRAMENTO SPEAKER SERIES:

MICHAEL LEWIS

COMMUNITY CENTER THEATER, SACRAMENTO

Michael Lewis is a non-fiction writer and one of today's leading social commentators. Some of his best-selling books include *Moneyball*, *The Blind Side*, and *The Big Short*. SacramentoSpeakers.com



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Recently **SOLD** Sacramento Properties

Neighborhood	List Price	Sold Price	%Sold/List	DOM*	Beds	Baths
5630 Monte Claire Lane, Loomis	\$1,355,000	\$1,260,000	93%	84	4	3/2
9645 Wexford Cir, Granite Bay	\$995,000	\$1,080,000	108%	9	5	6
10123 Lupine Ln , Auburn	\$849,000	\$849,000	100%	295	5	4
5290 Moss Ln, Granite Bay	\$949,000	\$975,000	102%	11	4	3
6255 Oakridge Way, Sacramento	\$895,000	\$850,000	95%	3	4	4
3741 Bridlewood Way, Roseville	\$799,000	\$780,000	98%	184	5	3/1
1209 El Toro Way, Sacramento	\$499,000	\$479,000	96%	356	5	3
111 Woodsmoke Way, Folsom	\$644,900	\$610,000	95%	331	4	2/1
3843 Berrendo Dr, Sacramento	\$575,000	\$550,000	96%	10	3	2
2210 26th St, Sacramento	\$595,000	\$570,000	96%	16	*Fourplex	N/A
4512 Saxony, Rocklin	\$680,000	\$665,000	98%	33	4	3
2747 Pennefeather Ln, Lincoln	\$520,000	\$515,000	99%	28	5	3
1740 Montana Ave, Sacramento	\$525,000	\$525,000	100%	7	5	4
4005 Albert Cir, El Dorado Hills	\$559,950	\$555,000	99%	81	4	2/1
2019 Beckett Dr, El Dorado Hills	\$529,000	\$529,000	100%	11	4	2/1
108 Foxridge Dr, Folsom	\$629,000	\$610,000	97%	21	6	3/1
2516 Kennedy Pl, El Dorado Hills	\$535,000	\$535,000	100%	52	5	3/1
8054 Shadowwood Ct , Granite Bay	\$539,000	\$525,000	97%	46	4	3
1080 La Sierra Dr, Sacramento	\$550,000	\$575,000	104%	75	4	2
940 El Oro Dr, Auburn	\$609,000	\$550,000	90%	13	4	3/1
702 Anna Pl , El Dorado Hills	\$529,000	\$509,000	96%	45	4	3
106 Fallon Ln, Sacramento	\$599,000	\$580,000	97%	165	4	3
720 Rolling Green Dr, West Sacramento	\$585,000	\$585,000	100%	277	6	5
3757 College Ave., Sacramento	\$725,000	\$685,000	94%	22	4	3

Information obtained from Comparative Market Analysis for 09-01-15 through 09-30-15. *DOM=Days on Market.



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September

is Be Kind to Editors and Writers Month

WORDS PAMELA BAKER

September means many things to many people. It's the start of fall or the start of off-season travel for those budget hunting travelers (like me). School is back in session now, a time of year that my mother always appreciated. And for us Sacramentans, it's hopefully the start of relief from the searing summer heat.

It's also national Sewing Month, Chicken Month, Healthy Aging Month, Mushroom Month, Shameless Promotion Month (yes, that's right, Shameless Promotion Month!), Honey Month, Fall Hat Month, Children's Good Manners Month, Classical Music Month, and most importantly, Be Kind to Editors and Writers Month.

Who thinks of all these themes? But as a writer and an editor, I couldn't resist promoting "Be Kind to Editors and Writers Month." Why do we need a month dedicated to kindness for editors and writers anyway? Writers, they're everywhere. They write for newspapers, pen our favorite novels, create our TV shows and produce the web content that we read on our iPhones. Underpaid, overworked, writing against a deadline, dealing with writer's block, and for all the freelancers out there, in continual search of the next job. Why do we do it? To inform, to serve the public, to be creative, to tell the truth, to entertain, to share the untold story of the local hero. For many writers, it's an addiction, but a good one.

And what about editors? As an editor myself, I can tell you the stress of the deadlines and always planning ahead for the next

issue can result in many sleepless nights. So what is the joy in that job, you ask? It's the satisfaction of working with a new writer and helping them build their portfolio. It's the fun of working with all of the experienced writers and discovering the novel ways in which they took your subject and wrote an amazing and interesting piece for your publication. I learn from our writers all the time! And it's the excitement of going to local events, meeting new people, networking, trying new foods and restaurants, and learning about the many worthwhile fund raising causes and programs that give back to the community.

So if you're an editor, I thank you for the work you do. I now know what goes into your job, coming up with story ideas, juggling writers and photographers, reviewing, fact checking and editing, planning ahead and finding new talent. As a writer myself, I appreciate what you do to edit and improve on our work.

And for you writers out there, especially the ones that write for our magazine, let me extend some kindness your way. In the words of another writer and poet, Julia A.F. Carney, *Little Things*, "Little deeds of kindness, little words of love, help to make earth happy like the heaven above."

Thank you for your news and entertainment. I appreciate every single day the words you write, for without you, life would be a little dull.

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