

NOVEMBER 2016

Sacramento

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L I F E S T Y L E TM

HOME
ISSUE

The Home
& Garden
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LAND PARK HOME REMODEL
A DAY IN HISTORIC OAK PARK

Memory Loss and Memory Care

Memory loss that disrupts daily life may be a symptom of Alzheimer's or another dementia. Alzheimer's is a brain disease that causes a slow decline in memory, thinking and reasoning skills. There are 10 warning signs and symptoms. Every individual may experience one or more of these signs to a different degree.

- ❑ **Memory loss that disrupts daily life.** Forgetting recently learned information, important dates or events; asking for the same information over and over.
- ❑ **Challenges in planning or solving problems.** Change in ability to develop and follow a plan or work with numbers. Trouble following a familiar recipe or keeping track of monthly bills.
- ❑ **Difficulty completing familiar tasks.** Trouble driving to a familiar location, managing a budget or remembering the rules of a favorite game.
- ❑ **Confusion with time or place.** Losing track of dates, seasons and the passage of time. Trouble understanding something if it is not happening immediately.
- ❑ **Trouble understanding visual images and spatial relationships.** Difficulty reading, judging distance and determining color or contrast.
- ❑ **Problems with words, speaking and writing.** Trouble following or joining a conversation. Problems finding the right word or calling things by the wrong name.
- ❑ **Misplacing things and losing the ability to retrace steps.** Putting things in unusual places. Losing things.
- ❑ **Decreased or poor judgment.** Changes in judgment or decision-making. For example, poor judgment when dealing with money, giving large amounts to telemarketers. Less attention to grooming or cleanliness.
- ❑ **Withdrawal from work or social activities.** Trouble keeping up with a favorite sports team or remembering how to complete a favorite hobby.
- ❑ **Changes in mood and personality.** Becoming confused, suspicious, depressed, fearful or anxious. Becoming easily upset at home, at work, with friends or in places out of one's comfort zone.

If you notice any of the 10 Warning Signs of Alzheimer's in yourself or someone you know, don't ignore them. Schedule an appointment with your doctor.

With early detection, you can get the maximum benefit from available treatments. You can explore treatments that may provide some relief of symptoms and help you maintain a level of independence longer. You may also increase your chances of participating in clinical drug trials. In the past three decades, major advances have been made in treating Alzheimer's disease and other dementia, as well as slowing the progression of the disease.

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Home Issue

Hello and Happy November! Thanksgiving is on the horizon and the start of the holiday season is almost here.

November is our Home Issue and we are very excited to feature the home of Colleen Barker and Adam Mrotek. These two creative individuals purchased a two bedroom, one bath house on 7th Avenue in the bucolic, tree-lined neighborhood of Land Park in 2014 and transformed it into a completely updated three bedroom, two bath charmer.

This month's issue also features an article on the changing face of Oak Park. You'll learn about mandarin season in the nearby region of Newcastle and read about this month's subject of Real Wives, Melissa Dixon.

And lastly, you'll learn more about the mission of the Sacramento Food Bank and Family Services. This story is particularly timely because their annual Run to Feed the Hungry will occur once again on Thanksgiving Day.

Many thanks to our faithful readers and business partners who support the magazine. From the staff at Sacramento Lifestyle Magazine, we wish you and your family a very happy Thanksgiving.

All my best,

Pam Baker

Pam Baker, Editor
Pamela.Baker@LifestylePubs.com

ON THE COVER Colleen Barker in front of the home she remodeled with Adam Mrotek
PHOTOGRAPHY BY STEVEN HELLON

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L I F E S T Y L E

NOVEMBER 2016

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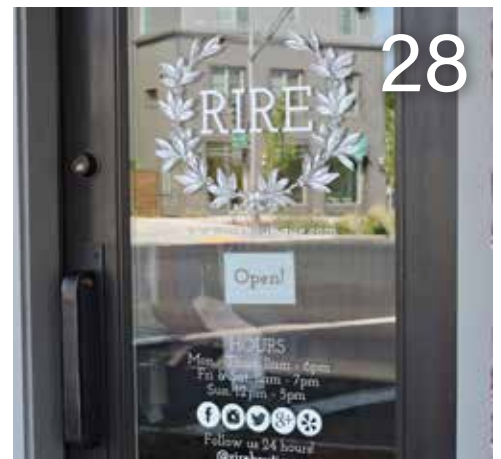
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The changing face of a long time Sacramento neighborhood



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California Craft Beer Summit 16 Beer Festival

This year's California Craft Beer Summit 16 ended with a Beer Festival on Capitol Mall. With perfect weather, good friends and over 160 breweries to choose from, the Summit Beer Festival was a huge success.



Tales and Ales at Fairytale Town

Fairytale Town celebrated its 57th anniversary with an all-ages fundraiser featuring beer tastings, food trucks and live music. Participants tasted craft beers while enjoying live music on the Mother Goose Stage. Proceeds from Tales & Ales will support Fairytale Town's education programs and park improvements.



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Monte Carlo Night at the Dante Club

HD Supply along with the Sacramento Area Vendor Association, partnered with the Sacramento Food Bank and Family Services to sponsor a 3 month long canned food drive. Called "The Need to Feed - No Family Goes Hungry", the group kicked off the campaign with a Monte Carlo night at the Dante Club.



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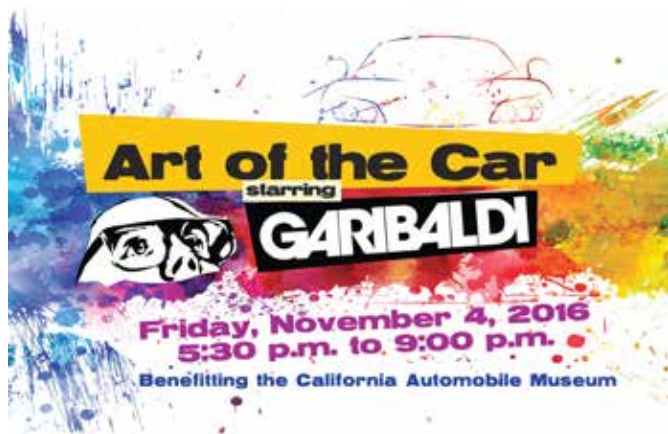
AROUND TOWN

ART OF THE CAR STARRING DAVID GARIBALDI AT THE CALIFORNIA AUTOMOBILE MUSEUM

November 4, 2016, 5:30 - 9:30 p.m.

The California Automobile Museum is proud and excited to present *Art of the Car starring David Garibaldi* to be held on Friday evening, November 4, 2016.

This dinner extravaganza will feature world-renowned artist and car enthusiast David Garibaldi, featuring farm-to-fork cuisine by Diane Wilkinson Catering, artisan cocktails, live entertainment by Ken Koenig and Spare Parts Band, and a silent and LOUD auction (including the art that David produces during his performance). Proceeds from this fabulous fundraising event support the Museum's many community and education programs and engaging special exhibits.



The California Automobile Museum is thrilled to have David Garibaldi, who is also a car enthusiast, join in support of these efforts. With his passion and drive, David has helped to raise more than \$1.7 million dollars for nonprofits and charities through his high-energy performance and art. This year, their "Bid for a Cause" will fund a large-scale mural for the outside of our museum building. The artist selected for this project is internationally known Shaun Burner, who focuses on mural work and large-scaled paintings mostly working with acrylics and spray enamel. Tickets to this exciting evening are \$75 for individuals. VIP Table Sponsorships are still available. To find out more information call 916.442.6802 or CalAutoMuseum.org.

CONTINUING EXHIBITS AT THE CROCKER ART MUSEUM

"Claire Falkenstein: Beyond Sculpture"

Through December 31, 2016

Claire Falkenstein (1908 - 1997) was one of America's most experimental and productive 20th century artists. Relentlessly exploring media, techniques, and processes with uncommon daring and intellectual rigor, she moved from one art center to another, working first in the San Francisco Bay Area, then Paris, and New York, and finally, Los Angeles. Her reputation today rests primarily on her sculpture, which was often radical and ahead of its time, yet she was also an inventive painter and maker of prints, jewelry, glass, films, stage sets for dance, public murals, fountains, and monumental architectural commissions. Although Falkenstein's extensive oeuvre can appear bewilderingly diverse, her pieces are based on several distinctive structural systems, which became her personal, formal vocabulary. This retrospective exhibition traces the development of Falkenstein's work both chronologically and geographically through key works from the early 1930s through the 1990s encompassing nearly every media she explored.

"Highest Heaven: Spanish and Portuguese Colonial Art from the Roberta and Richard Huber Collection"

Through January 22, 2017

"Highest Heaven" explores a time when art flourished in the Iberian colonial possessions of the Altiplano (high plains) of South American, which stretch from northern Argentina to Peru. Through approximately 107 paintings, sculptures, ivories, objects in silver and furniture, the exhibition traces the development and spread of the Catholic faith through the creation and use of religious art for devotion and instruction. The objects are drawn from the distinguished collection of Roberta and Richard Huber of New York City, built over the course of three decades. CrockerArtMuseum.org

SACRAMENTO FOOD BANK'S TURKEY DAY DRIVE AND RUN TO FEED THE HUNGRY

November 18, 2016

Help those in your community enjoy a Thanksgiving holiday meal by donating a turkey. Donations can be dropped off at 3333 Third Avenue, near 34th and Broadway in Oak Park. Donations will be accepted between 4:30 a.m. and 7 p.m.

November 24, 2016

The 23rd Annual Run to Feed the Hungry, sponsored by the Sacramento Food Bank and Family Services will be held this year on Thanksgiving Day. All funds raised during this event will directly benefit the food bank's programs and services. To learn more about how you can participate in this Sacramento Thanksgiving tradition and help the community, visit RunToFeedTheHungry.com.



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Russell Field harvesting mandarins

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ARTICLE AND PHOTOGRAPHY
MICHELE GIACOMINI

MANDARIN SEASON IN THE FOOTHILLS MAKES
THE GOLDEN YEARS A GOLDEN OPPORTUNITY



*Russell Field takes time out from harvesting
with his little buddy, Reggie*

When the November sun rises above Rattlesnake Bar in Newcastle, CA, its glorious rays reach out to kiss the abundance of “Mountain Candy” growing throughout the foothills. That sweet deliciousness is the Satsuma mandarin at its prime, and growing it in their prime are the owners of North Fork Mandarins.

For those familiar with the Gold Country foothills, it is no surprise to see business after business springing up at property after property. That’s because so many of these foothill residents are building their “Retirement Businesses.” Long gone are the days when many people received their golden handshake and then wrapped their grip around golf clubs as they galavant into their golden years. Today’s retirees are go getters, and that’s exactly how you would describe Russell and Eileen Field of North Fork Mandarins.

This is their busy time of year right now, and both agree they wouldn’t have it any other way!

During peak season, these semi-retirees work seven days a week and ten or more hours a day—and no two days are alike! With weather taking a toll on what happens day-to-day with the process of picking, sorting, and bagging the fruit, these farmers take it in stride. That’s because when it rains, the fruit cannot be picked until it’s dry again. Further,

there are other things in nature that can hurt their crops. Russell says that deer can wipe out a crop in nothing flat, and they've installed extra deer fencing along the perimeter of their orchard. But when it comes to weather, he says, "We just remain flexible and switch gears." When it's raining or the fruit is wet, they shift operations to bagging dry previously-picked fruit, in order to make use of their time.

"I got into this as a hobby. My favorite part is the social aspect," says Russell. "This is my passion, along with pottery and my wife—not in that order of course! Family first!" He jests, his wife, a retired Registered Nurse, Eileen Field, is the "brains of the operation, I'm just the labor!" And after 15 years, she still enjoys the business too, even if it means much time is spent working in their garage for two months during the winter. The Fields host a smaller operation. They sell straight mandarins only. No value-added products, no festivals, no shipping service. They prefer to keep things simple as a hobby farm, just to keep them busy.

And busy they are preparing for the season to hit! Eileen says, "It's always a good time because it's fun." She reminisces, "We get to meet new people and see old friends." That's what this whole semi-retirement business is all about for them, the connections they make and getting to socialize with others.

Russell says they enjoy really taking the time to talk to their customers and get to know them, find out where they are from, and what they do. He said you never know who you will meet on any given day and have even had customers, unknowingly, show up who knew Eileen's parents. It's those "small world" experiences that keep them doing this, and the customers keep coming back. "It's about price point, product and personality. If you have a good product at a good price, people will come. I just put out a sign (on the road). That's how you sell, and remember that the customer is always right."

These semi-retirees are changing what the Golden Years look like in the Gold Country. For retirees today it's about using their talents, and creating businesses that keep their minds as active as their bodies are. "It's not about looking to get rich," it's about living a rewarding life, sums up Russell as he looks out over his vast orchard with a smile. "This is as good as it gets, and it is GOOD!"

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Traditional Charm: **Land Park Home Remodel**

Walk through the home of Colleen Barker and Adam Mrotek

ARTICLE LAURA WINN | PHOTOGRAPHY STEVEN HELLON

The white brick house on 7th Avenue in Land Park is not the largest property in the neighborhood, but its charming curb appeal has passersby literally stopping to compliment the owners.

“Your house is so cute! I drive by it every day and just love it,” says one neighbor driving through the tree-canopied street.

With colorful impatiens encircling sycamore shade trees and a stone pathway cutting through the grass and leading to a cafe style courtyard, the landscape design is not only eye-catching, but completely new for the home, built in 1940.

In 2014, Adam Mrotek and Colleen Barker purchased the home to remodel in what they describe as the “old-fashioned, Mayberry-like” neighborhood. Then, it was a red and brown two bedroom, one bath, 1,459 square foot house with some very outdated features, including linoleum kitchen floors, turquoise bathroom fixtures and

dark, rustic wood paneling in one of the bedrooms. The front yard was green, but it lacked the winding pathway and cozy courtyard that beckons friendly neighbors in for a chat.

Just two years after keys exchanged hands, the home is completely transformed. Now it's a three bedroom, two bath home with an additional 860 square feet and a brighter, more luxurious aesthetic.

“Everything is new. Everything!” says Mrotek, a mail carrier with the United States postal service. And its revamp is primarily thanks to the detail-oriented vision of Barker, who works as a real estate agent with Lyon and runs her own her home design company, Colleen Barker Design.

Together, the couple who have dated for five years, saw the home for what it could be. “It's a big lot for the area, so we knew we could





increase the size of the home and still have good-sized yards," Barker explains.

But the remodel was about far more than adding space. Mrotek and Barker invested a sizable sum to upgrade wall to wall and room to room in order to create their "traditional, charming and calming Carmel-inspired" abode.

Upon entering the bronze accented front door, guests step onto dark oak floors in the spacious, formal living room. The newly installed white, half-wall paneling, as well as crown molding at the ceiling and fireplace catch the eye in the home's sunny front room.

The half-wall paneling leads into the elegant dining room, which connects to the kitchen and built-in breakfast nook. "We love to entertain in here. The chandelier and the coffered ceiling are two of my favorite features," Barker says.

The kitchen is the perfect marriage of function and fashion. White, custom built cabinets from Castaneda Remodeling & Construction resemble bedroom furniture. With decorative feet at the base and crystal-like drawer pulls from Anthropology, the lower cabinets look more likely to hold shirts and pants than pots and pans. Mrotek and Barker chose Castaneda because it was the only company that could execute the couple's dream design – specifically the curved molding over the gas stovetop, which also features a wall-mounted pot filler faucet.

"I'm a true believer in having more than one sink in the kitchen," Barker says. "It allows multiple people to work in the kitchen without it being too crowded." Her kitchen boasts three.

Barker, a former home stager, also believes kitchens and bathrooms should be white. "White looks light, bright, fresh and clean."

For Barker, the white cabinets and Carrara marble counter tops found in the kitchen and both baths are a timeless, seamless look. "I like classic materials that don't go out of style," she says. "Anything trendy will date itself when you want to sell."

The chandelier-lit kitchen and dining rooms flow into the added-on family room, which also features a custom entertainment center from Castaneda and high, vaulted ceilings with recessed lighting and stereo speakers.

French doors open to Mrotek's favorite spot, the backyard sanctuary. When they bought the home, the yard had a dog run and lot of overgrowth. Now it resembles an ad for a picturesque bed and breakfast, complete with tea service under the pergola. In addition to English and Japanese box hedges, azaleas, begonias, petunias and ferns, it's the ornamental accents that make a difference. At the monthly 21st Street Antique Fair, the couple found a birdhouse to mount near the fence and a cupola to help ventilate the detached garage.

CONTINUED >







"OUT HERE, IT'S LIKE I'M ON VACATION EVERY DAY," MROTEK SAYS.

"Out here, it's like I'm on vacation every day," Mrotek says.

Another addition, the master bedroom, also opens to the backyard through french doors. An abundance of large, paned windows and doors throughout the home let in natural light and views of the greenery and antique decor outside.

For Barker, it's these little touches that make a house a home. "I like to do special things throughout the house. Every single detail, from the shutter style to the front gate, matters to me."

To help her plan these artistic elements, Barker relied on a vision board. She pulled pictures from magazines and mapped the design for each room before moving forward with construction.

For the execution, Mrotek and Barker did some of the work themselves, like

planting the plentiful flowers in the backyard, and relied on friends and private contractors for the rest. With the exception of Castaneda for the cabinets, the couple opted for skilled individuals over larger companies. They also made sure to stay up-to-date on codes and regulations to prevent problems and delays.

"You have to do your homework. References are critical. You need somebody who knows the process and can be on site daily to implement your vision," Barker says. For example, the interior paint chosen in the store may look different under the home's combination of natural and artificial lighting. "You need that person who knows what you want and will get it done right because it will cost more money to redo it," she adds.

For Mrotek and Barker, the finished product, which took about one year and nine months, is exactly what they pictured. Mrotek sums up their remolded house in one word: heavenly.

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Celebrating 40 Years

OF HELPING THOSE IN NEED

ARTICLE ALLISON HOPKINS

November is a special month for Sacramento's main food bank. Thanksgiving Day will start off with the 23rd annual Run to Feed the Hungry, the largest Thanksgiving Day race in the nation. Sacramento Food Bank & Family Services (SFBFS) owns the event and all funds raised directly benefit its programs and services. Last year showed a record-breaking count of 28,644 participants. The excitement of the run, combined with the nonprofit's 40th anniversary this year, has given the staff, sponsors, volunteers, and clients of SFBFS a lot to celebrate!

SFBFS continues to expand its services and provides food, clothing and education to 135,000 men, women and children every month. According to Kelly Siefkin, vice president of communications and marketing for SFBFS, with the help of 224 partner agencies, the organization is able to distribute food to slightly more than half of the food insecure individuals in Sacramento County. Grocery items such as fresh vegetables and fruit, grains and dairy are distributed instead of hot meals, in an effort to move families toward self-sufficiency.

"A lot of our donors appreciate that we address the immediate needs but we are able to move families to self-sufficiency by all of the

SACRAMENTO FOOD BANK & FAMILY SERVICES IS READY TO RACE

educational services we provide...helping them learn English, get their GED, teaching technology skills...helping to produce a more productive community," says Siefkin.

SFBFS offers classes geared towards adult, parent, and youth education. One high school student, Adriana, has been coming to the after school youth education program since first grade. She initially started by getting tutoring for math and later got involved with the Computer Clubhouse, part of an international Intel program designed to provide a creative and safe out-of-school learning environment—young people from underserved communities work with adult mentors to explore their own ideas, develop new skills, and build confidence in themselves through the use of technology.

Adriana has learned sewing, 3D printing, Adobe Photoshop and photography. While she describes herself as shy and quiet, she says that the Clubhouse's Teen Summit Program has taught her to be a leader and have a strong voice with her peers and with younger children.

"Ms. Kelly Ann [Computer Clubhouse coordinator] wants us to be ready for college," says Adriana. "We take different field trips throughout the year. This year I hope we go on a tour of UC Davis or UC Santa Cruz."



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An Oak Park resident and new parent, Megan, has found the SFBFS parent education classes helpful for her family. She has learned about nutrition, post-partum, car seat installation and safe sleeping for her infant. By taking the classes, she has also earned "baby bucks" that she can spend in a children's boutique offered by the nonprofit. "There are so many families in need in our community and SFBFS is a great place to start," says Megan.

It takes the help of 82 employees, 7,000 volunteers and funding from private donors, grants and special events for SFBFS to continue to reach those in need. Giving a "hand up" versus a hand out is what Siefkin says makes the 40-year-old organization so successful. "They have to want to make those modifications to their life and we have to be prepared to walk hand in hand with them," says Siefkin.

This year's Turkey Drive takes place on November 18 from 4:30 a.m. until 7 p.m. at 3333 Third Avenue in Sacramento, and the community is encouraged to drive by and drop off a turkey!

The following week marks the organization's main annual fundraiser. The Run to Feed the Hungry is an exciting and memorable Thanksgiving Day event that thousands of locals and visitors await each year. For some, it's a family tradition where relatives join in the fun of walking/running the 5K or 10K on the brisk fall morning in beautiful East Sacramento. "The energy is unlike anything you have felt before," says Siefkin. "People love that they are doing something to make a difference."



JOIN THE SACRAMENTO COMMUNITY IN THE 23RD ANNUAL RUN TO FEED THE HUNGRY!

Website: RunToFeedTheHungry.com

Date: Thanksgiving Day – November 24, 2016

Time: 10K – 8:15am, 5K – 9am

Registration:

Individuals

Youth (17 & under): July 1 – November 24: \$20

Adults (18 & older)

Early Bird Registration (by Thursday, November 17) - \$35

Regular Registration (Friday, November 18 through Wednesday, November 23) - \$40

Race Day Registration (Thanksgiving Day, November 24) - \$45

*Race day registrants will not be timed

Teams

Youth (17 & under) - \$35

Adults (18 & older) - \$55



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a day in HISTORIC OAK PARK

THE CHANGING FACE OF A LONG TIME
SACRAMENTO NEIGHBORHOOD

ARTICLE STEPH RODRIGUEZ

Every Saturday during the cool morning hours, neighborhood volunteers and artisans, food vendors and farmers set up shop at the Oak Park Farmers' Market held in McClatchy Park. Baskets of sweet berries and bunches of leafy greens decorate dozens of merchant tables followed by tents with fresh-cut wildflowers, savory and sweet locally baked goods, and the aroma of piping hot tamales wafts through each makeshift aisle.

It's here under a shaded awning that a majority of Oak Park residents share a bite to eat, purchase fresh fruit and vegetables for the week, and listen to live music while in the presence of neighbors.

One familiar face who frequents this Saturday morning marketplace is Russell Rawlings, a nine-year resident of Oak Park and former candidate for mayor during this year's election.

Oak Park has been changing for years. From Broadway and Alhambra Boulevard toward Stockton and Martin Luther King Jr. Boulevards, coffee shops, juice bars, chic taquerias, and even a neighborhood brewery are all new editions to the neighborhood.

Travel a little further down the Broadway Triangle near 34th Street where Arthur Henry's Supper Club & Ruby Room dominates the corner with its neon sign and peppery aroma of grilled steak. Just across the street, two new boutiques also set up shop:

Rire and Nectar.

Rire sells fashion-forward attire like floral dresses and cute rompers while Nectar, a business owned by Oak Park resident Janell Lacayo, focuses more on eclectic jewelry and locally made essential oils and soaps.

With all of the economic developments, Rawlings, who is also a community activist and Oak Park Neighborhood Association Board member, still has his concerns in regard to the neighborhood's longtime residents and making sure their voices are taken into consideration with the new direction of the area.



“Over the years we’ve seen a lot of development and you read stories about the resurgence of Oak Park, but there’s a lot of history here and I hope that the new direction remembers that,” Rawlings says. “When I was running for mayor, I used the story of Oak Park to express my concerns about the things I was seeing around me and the disconnect between the development of the neighborhood and the people who are already in the neighborhood participating and making it what it is.”

Much like the farmers’ market at McClatchy Park where community-minded neighbors gather to shoot the breeze, the neighborhood’s coffee shops also act as a hub for meetings or a safe haven for high school students to take advantage of free wi-fi to finish their homework.

Broadway Coffee is the newest caffeine destination in the neighborhood and celebrated its one-year anniversary in August. During spring break, students in partnership with Target Excellence, an educational non-profit organization, along with local artist Isaiah Williams, worked together to create a bright mural on one entire side of the coffee shop.

Since then, Williams along with Demetris “BAMR” Washington continued to build on the students’ work and now the entire building is covered with an overflowing java river, lush trees, and eccentric characters.

Rire Boutique in Oak Park



“It’s epic. It gives the place vibrancy, life, love, laughter and it used to be a blank canvas,” Assistant manager, Elizabeth Harvey says about the mural. “I often wondered how it was going to grow, but wow, we really couldn’t ask for more.”

Harvey, attended Sacramento High School in Oak Park and says when the opportunity to work at the quaint coffee shop presented itself she was ready to jump on board. Plus, Harvey admits she’s always had a soft spot for her teenage stomping grounds.

“There’s really a movement happening in Oak Park right now,” Harvey says. “The people that work in the community come in and have great conversations. I haven’t seen a community as strong as Oak Park. All the businesses in the neighborhood also treat us like family just because we’re here. I really look forward to going to work every single time.”

Rawlings agrees, if there’s one thing that he enjoys about the home he’s built in Oak Park it’s without a doubt the people.

“I love the people I have met. When I moved in I really didn’t expect to identify with the community [and] I didn’t expect to make friends quickly. I started going to the coffee shop and it started happening immediately,” Rawlings says. “The community really is what it’s about and I think that’s the coolest thing about Oak Park.”





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Neighborhood	List Price	Sold Price	%Sold/List	DOM*	Beds	Baths
5630 Monte Claire Lane, Loomis	\$1,355,000	\$1,260,000	108%	84	4	3/2
9645 Wexford Cir, Granite Bay	\$995,000	\$1,080,000	92%	9	5	6
10123 Lupine Ln , Auburn	\$849,000	\$849,000	100%	295	5	4
5290 Moss Ln, Granite Bay	\$949,000	\$975,000	97%	11	4	3
6255 Oakridge Way, Sacramento	\$895,000	\$850,000	105%	3	4	4
3741 Bridlewood Way, Roseville	\$799,000	\$780,000	102%	184	5	3/1
2738 21 St, Sacramento	\$475,000	\$475,000	100%	8	5	3
5101 C St, Sacramento	\$445,000	\$460,000	97%	13	3	1
3843 Berrendo Dr, Sacramento	\$575,000	\$550,000	105%	10	3	2
2210 26th St, Sacramento	\$595,000	\$570,000	104%	16	*Fourplex	N/A
4512 Saxony, Rocklin	\$680,000	\$665,000	102%	33	4	3
2747 Pennefeather Ln, Lincoln	\$520,000	\$515,000	101%	28	5	3
1740 Montana Ave, Sacramento	\$525,000	\$525,000	100%	7	5	4
4005 Albert Cir, El Dorado Hills	\$559,950	\$555,000	101%	81	4	2/1
2019 Beckett Dr, El Dorado Hills	\$529,000	\$529,000	100%	11	4	2/1
108 Foxridge Dr, Folsom	\$629,000	\$610,000	103%	21	6	3/1
2516 Kennedy Pl, El Dorado Hills	\$535,000	\$535,000	100%	52	5	3/1
8054 Shadowwood Ct , Granite Bay	\$539,000	\$525,000	103%	46	4	3
1080 La Sierra Dr, Sacramento	\$550,000	\$575,000	96%	75	4	2
940 El Oro Dr, Auburn	\$609,000	\$550,000	111%	13	4	3/1
702 Anna Pl , El Dorado Hills	\$529,000	\$509,000	104%	45	4	3
106 Fallon Ln, Sacramento	\$599,000	\$580,000	103%	165	4	3
720 Rolling Green Dr, West Sacramento	\$585,000	\$585,000	100%	277	6	5
5517 Northborough Dr, Sacramento	\$515,000	\$505,000	102%	1	5	3

Information obtained from Comparative Market Analysis for 07-26-16 through 08-26-16. *DOM=Days on Market.



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November

NOVEMBER 4 - 6

CALIFORNIA SWING DANCE CHAMPIONSHIPS MIDTOWN BARFLY - SACRAMENTO

The Capital City Swing Jam is bringing you the best opportunity to learn for the first time, or hone in on your already developed skills. There will be instructional classes and workshops. Enjoy signature vintage cocktails while listening to live stylings of Capital City's favorite and most featured bands. Night dances \$10 - \$20. Competition and dance pass \$50. CapitalCitySwingJam.com

NOVEMBER 4 - 6

19TH ANNUAL SACRAMENTO ARTS FESTIVAL SACRAMENTO CONVENTION CENTER

The 19th Annual Sacramento Arts Festival brings remarkable one-of-a-kind arts and crafts to Sacramento. The festival features over 225 of America's best contemporary craftspeople and fine artists offering over 15,000 original works. The festival has become the premier art and craft show in the Central Valley and has developed into one of the top art festivals in the country. SacArtsFest.com

NOVEMBER 4

FIRST FRIDAY OAK PARK

First Friday is an exciting community-oriented event that celebrates all that Oak Park has to offer and transforms the Broadway Corridor into an evening full of shopping, dining, arts installations, a pop up park, and festive community celebrations. It is a perfect place for dates, families, and friends. On Broadway from 37th St to Alhambra. FirstFridayOakPark.com

FRIDAYS, SATURDAYS AND SUNDAYS THROUGH NOVEMBER

CATS PRESENTED BY RUNAWAY STAGE PRODUCTIONS 24TH STREET THEATRE, SACRAMENTO

Based on T. S. Eliot's *Old Possum's Book of Practical Cats*, this mega hit show is set

amongst a larger-than-life junkyard playground and is alive with your favorite feline characters including Rum Tum Tugger, Mr. Mistoffelees, Macavity, Jennyanydots, Old Deuteronomy, Grizabella, and Skimbleshanks. RunAwayStage.com

NOVEMBER 5

PARTY FOR CHANGE
SACRAMENTO EXECUTIVE JET CENTER
Saint John's Program for Real Change invites you to attend Party for Change! This elegant black tie/red sock soiree titled Party for Change provides critical support for homeless families in crisis to move from homelessness to self-sustainability while offering an unforgettable experience at the intersection of local farm-fresh food, art, wine and music! SaintJohnsProgram.org

NOVEMBER 9

MANA: LATINO POWER TOUR
GOLDEN ONE CENTER
As Latin Rock's most engaging arena-level live band, longtime cultural ambassadors and powerful social advocates, Maná, will take 80 tons of state of the art concert production gear to the road across the United States with the goal of uniting and inspiring Latino communities to make their voices heard this fall. \$43.50 - \$173.50 Golden1Center.com

NOVEMBER 10

ARTMIX: HOWL
CROCKER ART MUSEUM
Election day has passed, but there is still something to rant, rave, or howl about. Check out Activism Articulated's *Altars for Justice* project and join Sol Collective for art-making that will get you thinking. DJ Novela, Rasar Amani, Paul Willis, and CatchaKoala drop beats that speak. Enjoy food and drink discounts during happy hour and \$5 drink specials all night. \$10 or Members free. 21+ CrockerArtMuseum.org

NOVEMBER 18 - 20

HARVEST ORIGINAL ART AND CRAFT SHOW CAL EXPO

The Harvest Festival Original Art and Craft Show looks forward to welcoming artisans, craftspeople, and especially loyal and new customers to the 2016 festival. There will be thousands of handmade American art and crafts throughout hundreds of booths, all-day entertainment, and Kids Zone activity center. The Festival features hundreds of artisan items including beautiful jewelry, clothing, photography, original art. HarvestFestival.com

NOVEMBER 19

OLD VINE EXPRESS
WEST SACRAMENTO
Hop on board the "Old Vine Express" and sample wines from Yolo County while enjoying the vistas from a leisurely train ride. Regular \$45, VIP \$65. SacramentoRiverTrain.com

NOVEMBER 26

**SACRAMENTO PHILHARMONIC AND
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NOVEMBER 26

MURDER MYSTERY DINNER
WEST SACRAMENTO
Get a dose of intrigue with murder mystery dinner theatre aboard the Sacramento River Train. Meet a cast of quirky characters who will draw you into their drama as they squabble, scheme, and ultimately meet their demise. Tickets include a three hour train ride, three courses of American fare with unlimited coffee and soft drinks, and an interactive dinner theatre show. SacramentoRiverTrain.com

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REAL WIVES OF SACRAMENTO: *Melissa Dixon*

ARTICLE MICHELE GIACOMINI
PHOTOGRAPHY STEVEN HELLON

When mom and wife, Melissa Dixon, isn't crocheting novelty items or working tirelessly for The Alternative Arts Collective (TAAC), you can usually find her acting in a film or on a stage, such as the Geery on L Street in Sacramento.

Having worked numerous years for the California Special Districts Association (CSDA), Melissa says she feels, "I've only had one career, and that was always working with nonprofits." She explains, "When I was in college, I wanted to get into office work, so I signed up with a temp agency. They placed me as a temporary part-time receptionist with the CSDA working with Executive Director Catherine Smith. That was in 1998, and I never left." Eventually, Smith did leave the association to start her own association management company, and Melissa followed her. "I helped her open the firm. That was ten years ago and I was just made partner this January."

One of Melissa's passions is acting. Like her work with nonprofits, Melissa's been an avid entertainer since her choir years in high school. As she reminisces, "My career in the arts is less 'career' and more 'passion.' I was in choir in high school and was in *A Midsummer Night's Dream*, which I played Titania. I loved both experiences, and when I went to college I signed up for the choir and some drama courses."

But her days in drama were put on the backburner for many years, while she raised a family. Mother of three, Melissa and her husband, Dr. Seth Dixon, found one of their children, Samantha (from Melissa's previous marriage), was a bit of a "wallflower." Melissa says, "I went looking for something that would 'get her out of her shell,' give her the confidence she lacked. I found Civic Theatre West's youth programs. Each child gets lines, choreography, and

songs to sing." She continues, "They're taught to project and that it's okay to be silly. Six weeks later, my wallflower had blossomed."

What also blossomed, as a result, was Melissa's reignited passion with acting. Since then, she's also had the opportunity to be in two plays with her son, Anthony, 14. "My first musical ever was *Oliver!* at Rocklin Community Theatre (2012). I was in the ensemble and Anthony was in Fagin's gang." She adds, "In 2015, Anthony joined me in a primarily female cast of *Macbeth*." Further, she recently performed in TAAC's first independent film, *Lear*, (due to release this winter).

Of course, Melissa is no stranger to reignited passions and her marriage to Seth is a perfect example of this. Melissa shares, "Seth and I were really good friends in high school. We were both in honors math classes, and super smart (if I do say so myself)." She says they often competed for the top two grades in the class; however, she divulges "Instead of paying attention in class, Seth and I wrote letters to each other. Long, rambling, 'ever so important because we're teenagers and eminently deep' letters." She confided that her favorite part of Seth's letters was that he'd sign his name with a lightning bolt for the letter "S" in his name, and she still has some of them after all these years. She and Seth celebrated nine years of marriage on July 7.

For the past several years, Melissa has been raising her family, (also including daughter, Claire), in the Sacramento region. She exclaims the thing she likes best about Sacramento is "The theatre!" She says, "Seriously, I had no idea there was this much community theatre available or, better yet, this much community-based talent. It's extraordinary, the actors, directors, musicians, writers—Sacramento is rife with unbelievable talent."



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