

Gonoma County exceptional wine tasting experiences

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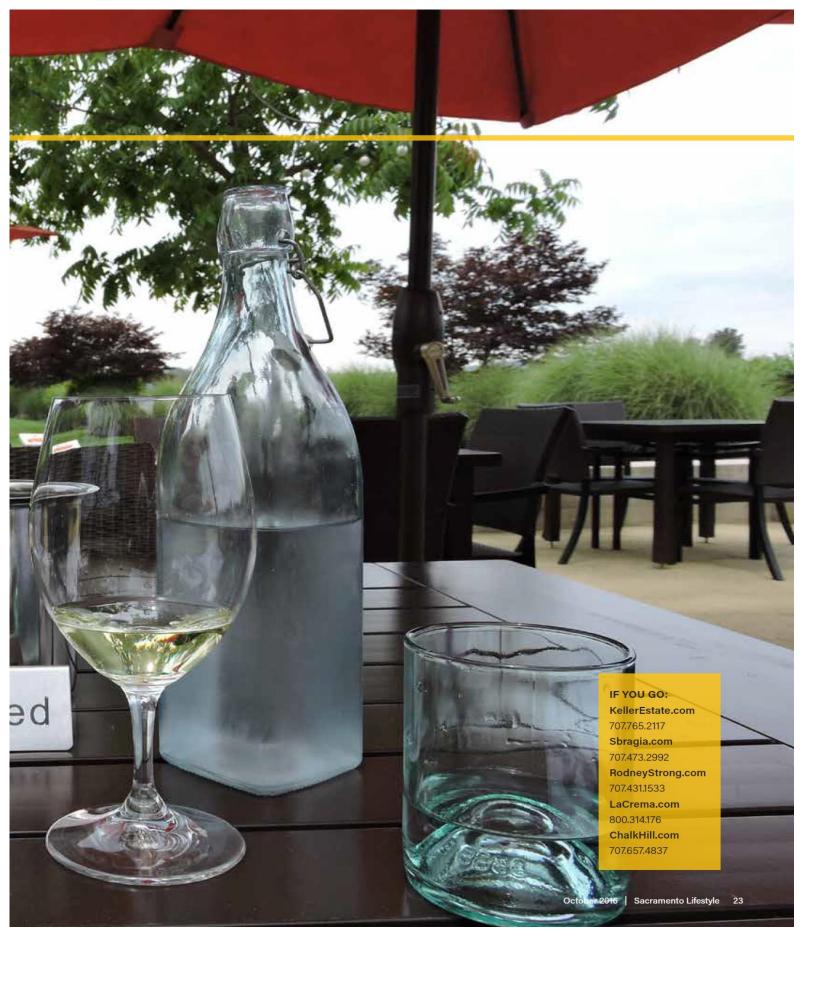
For most of us wine tasting simply occurs when we stop at a winery, belly up to the bar, and have a few sips. Sometimes the wine tasting room is crowded, noisy and you have to practically elbow your place at the bar to be served. This may be okay for most of us, but there is another way to experience wine tasting that is more exclusive and, as a consequence, more exceptional.

So what constitutes an exceptional wine tasting experience? Patience and planning helps. For example, instead of just arriving at any winery, you might need to make reservations first. Contact the winery ahead of time to see what private tasting experience they might offer. Perhaps food pairing with several different wines hand-picked by the winery chef. An exceptional tasting is typically one where you are seated for the duration of the experience in a private room with a knowledgeable server or in a cave or at terrace table overlooking a beautiful view where you are waited upon. An exceptionally good wine tasting should have a relaxed, unhurried pace and last for 90 minutes or more, if you take the time to choose the right, accommodating winery.

Exceptional wine tasting experiences can include being served only estate or reserve wines or a lineal tasting of one varietal or even a tasting coupled to sensory smells of small vials containing aromas frequently found in the wines. As you can see, we are talking about being pampered, being seated, and well handled by someone with sommelier-like knowledge of wine. Exceptional should be personalized, exclusive (two but not more than ten people), indulgent and luxurious. It's definitely going to be expensive, but well worth the cost for the type of experience you don't normally get at a casual winery stop.

Sonoma County, renowned for its chardonnays and pinot noirs is the perfect getaway for wine lovers and over the past year, we've traversed it numerous times, visiting several wineries. Somewhere along the way, after stumbling across a few, unique and indulgent wine tasting experiences, the idea was born. We planned, we traveled, we tasted and here are our five favorite Sonoma County, exceptional wine tasting experiences:

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CHALK HILL ESTATE VINEYARDS AND WINERY

First stop on our quest was Chalk Hill Winery, just outside of Windsor, in a beautiful hilltop setting, for the Estate Tour and Tasting. The cost is \$65 per person and lasts approximately 90 minutes. Our hostess, Hannah, greeted us and seated us on the spacious patio overlooking the vast vineyards. The patio is at the top of the steps that lead up to the winery's main facility and tasting room inside. From the outside patio, seated at an umbrella shaded table, you have a commanding view of the pond and grape fields below.

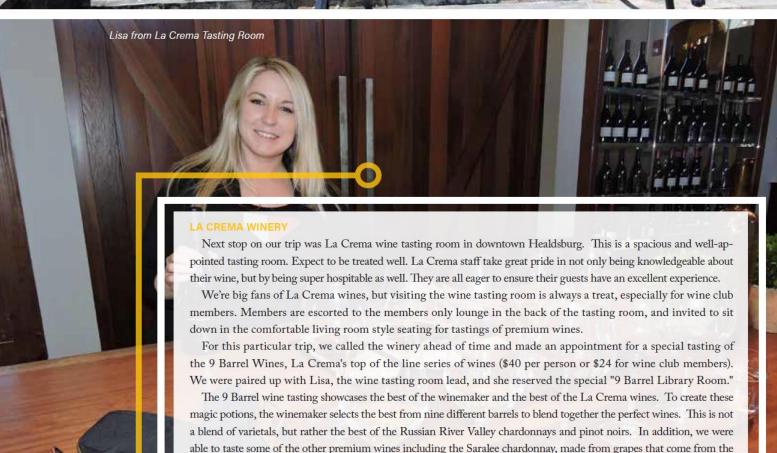
There we proceeded through a tasting of four different estate wines which included Chalk Hill's 2013 Estate Chardonnay, 2014 Sauvignon Blanc, 2013 Russian River Pinot Noir and the 2012 Estate Red. With each wine we tasted, Hanna provided us with a detailed description of each wine's specific characteristics including aromas and flavors and possible food pairings.

After the estate wine tasting, our hostess drove us around the property for a tour of the pavilion, horse stables, owner's house, and of course, many of the vineyards. We returned to the bucolic and shaded patio for our final two tastings. This included a tasting of two additional reserve wines, the 2013 Chardonnay Clone 4 and the 2014 Mt. Eden Pinot Noir.

In addition to the Estate Tour and Tasting, Chalk Hill offers culinary tours, luncheons, trail rides and wine and cheese pairings.

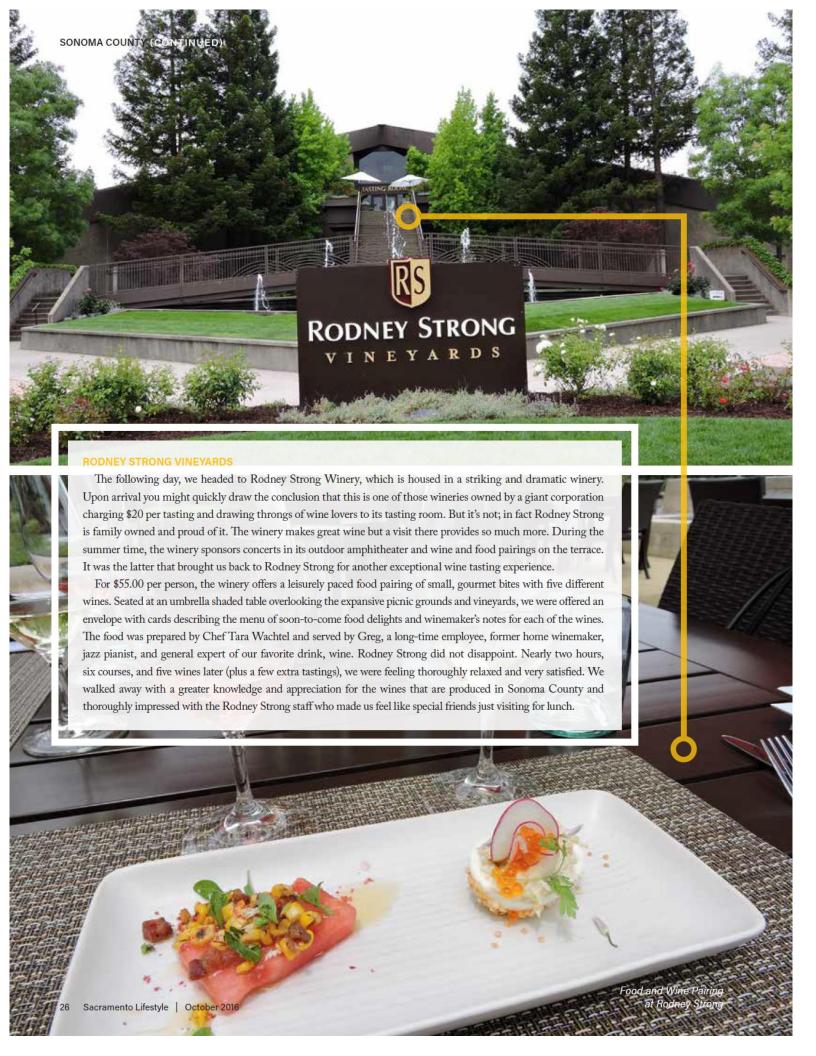






highly prized Saralee vineyards, a place famous in Sonoma County. Lisa says "Happy grapes come from that vineyard."

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Next stop on the tour was Sbragia Winery, north of Healdsburg on Dry Creek Road. The view is beautiful and staff go out of their way to make sure your wine tasting experience is enjoyable.

Sbragia offers a variety of different options including tasting on the terrace with a charcuterie and cheese plate for \$30, a chocolate and wine pairing for \$30 per person (\$15 for wine club members), or a sensory tasting for \$50 per person (\$20 for wine club members). The winery will also conduct customized tastings such as a compare and contrast of one varietal (a chardonnay to chardonnay or vintage to vintage), with advanced notice.

We called ahead and signed up for the sensory tasting. What an experience! Arriving early, we took in the view from the spacious deck overlooking Dry Creek Valley while we waited for our tasting to begin. Our host was Andrew, a wine collector for 20 years who is now working in the wine industry. This man is a wealth of knowledge on everything wine related. Andrew reserved the library for this special tasting, and supplied us with a generous and sumptuous charcuterie board. The sensory tasting is almost a sommelier-like experience where visitors get to learn what aromatics are using the La Nez Du Vin wine aroma kit, along with tasting five different Sbragia wines. The kit contains 54 little jars of different aromas. We used ten, two per tasting, for this exercise.

We started with a sauvignon blanc, then a chardonnay, before working our way into the reds. In a sensory tasting you start smelling and tasting the wine to try and detect the different characteristics. With each wine, Andrew handed us two different vials and ask us to guess what we were smelling. He also supplied us with a wine aroma wheel that separates the fruits in white wine to fruits in red wine, floral scents and flavors, vegetal, oak aging characteristics and even off odors that sometimes show up in a bad wine or a wine with a bad cork.

Each time we tasted, sniffed, and wrote down our guesses. Then Andrew would tell us what the actual scent was and let us smell the vial again. We guessed wrong the majority of the time but the experience was an important step for us in helping develop our palates. After two and a half hours and a sampling of some of Sbragia's other reserve wines, we were done! Because there were only the two of us with Andrew, we really got a crash course on wine tasting, but, we would definitely go back with friends and do it all over again.

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